

Mount Lourdes - Weekly Canteen Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Vary Throughout Week
Mains	Mains	Mains	Mains	Mains	Specials
Chicken Curry Chicken and Broccoli Bake Butter Chicken Flatbread Spice Bag Chicken	Roast Gammon Roast Chicken Pasta Bolognese Spice Bag Chicken Tomato and Basil Pasta Butter Chicken Flatbread Toasted Ciabatta Various Fillings	Chicken Curry Sticky BBQ Chicken Chicken Fajita Rice Spice Bag Chicken Garlic and Chicken Noodles	Creamy Chicken and Pasta Roast Gammon Roast Chicken Spice Bag Chicken Taco Mince Rice Butter Chicken Flatbread Toasted Ciabatta Various Fillings	Chicken Curry Honey Chilli Chicken Sheperds Pie Spice Bag Chicken Nandos Chicken Tray Bake Toasted Ciabatta Various Fillings	Chicken Tikka Traybake Nandos Chicken Hot Wraps Honey Chilli Chicken Toasted Bagels/Ciabatta Peppered Chicken Lasagna Peppered Steak Battered Cod Chicken A La King
Sides	Sides	Sides	Sides	Sides	Daily Snacks
Rice Chips Creamed Potato Vegetables Wedges	Rice Pasta Creamed Potato Vegetables Wedges	Rice Chips Creamed Potato Vegetables Wedges	Rice Pasta Creamed Potato Vegetables Wedges	Rice Chips Creamed Potato Vegetables Wedges	Chicken Goujons / Kebabs Salad Bar Beef burger / Hot Dog Pizza Panini

Breakfast / Breaktime Menu
Scrambled Eggs, Avocado & Sourdough Ham&Cheese Omlette Overnight Oats Granola Pots Fruit Pot Selection Acai Pots Scones/Croissants,Pain de Chocolat,Cinnamin Buns Banana Bread Sausage Rolls, Jambon, Bagels