

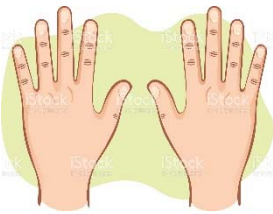
## Types of learners



Some of us are **VISUAL** learners and learn better by looking at diagrams and pictures. We find it helpful to see things in colour and remember moving images and shapes.



Others are **AUDITORY** learners who learn better by responding to voices and sounds.



Many of us are **KINESTHETIC** learners who like to move when learning and find it helpful to touch objects or use computers when learning.

## Preferred learning styles

### **Visual learners Should:**

- Write in different coloured pens and use highlighters;
- Use bullet points and key words;
- Use pictures, mind maps, diagrams computers and flow charts.



### **Auditory learners should:**

- Record notes and play them over;
- Discuss work with friends;
- Recite work aloud and make up raps and poems;
- Listen to music whilst learning.

### **Kinesthetic learners should:**

- Use computers;
- If possible do things practically, feel and touch;
- Walk around while reading;
- Sequence your notes on pages or cards and order them to make sense.

