

GCSE Art & Design



Blaithnaid Collins



Irene Lymprei





Cara Tierney

AS Level Art & Design



Alannah Donohoe

Foreword





It is with great pleasure that I introduce the Red Stairs 2023.

As always, the Red Stairs provides us with a chronicle of the year gone by and celebrates the talents, enterprises and achievements of Mount Lourdes students.

We have witnessed many extra ordinary events over the past year. The death of a Queen and a new monarch, the ongoing war in Ukraine, the cost-of-living crisis as well as numerous natural disasters and the impact of climate change.

This past year has seen a return to normality or as some may say the 'new norm' following the COVID 19 pandemic. With this we have seen a relaxation of COVID 19 regulations and a reintroduction of the many things that give vibrancy, enrichment and enjoyment to student life in Mount Lourdes.

This year has also seen the return to formal examinations in the aftermath of Centre Determined Grades and Centre Assessed Grades. GCSE and A-Level students showed great resilience and determination and we are all immensely proud of all our students and their excellent examination results.

School trips, educational visits, in person guest speakers, extracurricular activities and whole school events all made a welcome return to Mount Lourdes. My thanks to everyone who made these things happen. It is all of this that ensures the values and ethos of Mount Lourdes remains strong.

Highlights from last year include our Year 10 Netball squad reaching the NI Regional Finals and our Year 8 Mini Cross-Country Team being crowned Ulster Cross Country Champions.

In Gaelic Football Erin Tierney was awarded an Ulster Post Primary All-Star Award, Ciara Leonard was selected for the Under 17 Irish netball squad and Anna McDade qualified for the Ulster Schools Interprovincial Team for 2022.

Meanwhile our Year 14 student Grainne McGoldrick undertook research as part of the University of Ulster Nuffield Research programme and produced a paper examining the impact of COVID 19 on student learning in Science and Engineering in Higher Education, which she presented at an event at Stormont.

Our partnership with Mannok continues to go from strength to strength with recycling being the focus this year. With the help of Mannok, 100 blue recycling bins are placed around the school, promoting environmental awareness to our students and helping the reduce the schools waste collection bill.

But the past year has brought with it dark days. As a school community we have mourned the loss of our recent past pupil Katie Donnelly and our Year 10 pupil Caitlin Hogg. We remember with fondness the uniqueness of their characters, their good humour and kind nature. May they rest in peace.

This year we also said a fond farewell to a number of long-standing members of staff – Mrs Teresa Irwin, Mrs Clara Martin and Mr Brian O'Reilly. We thank them for their years of service to the school and wish them health and happiness in their retirement. We also wish Mrs Karina McDonagh, Mrs Angela Feely, Mrs Farrah Duffy and Ms Amy Wilson the very best in their new careers and ventures.

I wish to put on record my appreciation for the work completed by the School Magazine Committee in producing this superb edition of the Red Stairs. I also thank Mr Damien Murray for his dedication and commitment in guiding and encouraging the committee.

As you read the Red Stairs 2023, I hope you enjoy reflecting on the past year.

Mrs Sinead Cullen, **Principal**

Front Cover Grace Guette, 14C

Back Cover Bridin Murray, 13F



The Red Stairs is an inextricable part of Mount Lourdes legacy that acts as a tangible connection to our past and paves the way for the future of the school with each new edition. Whilst *The Red Stairs* summarises the school year, I would be much obliged if you would humour me in immersing yourself in my summary of 2022 itself.

Emerging into the post-covid era, three prime ministers graced Number 10 Downing Street, one unfortunately being outlasted by a head of lettuce, (where was that "I'm a fighter, not a quitter" attitude Liz?) We bore witness to history with the passing of Queen Elizabeth II and the age of a new monarch, Charles III. Furthermore, the world united in outrage over war in Ukraine and the fight for women's rights in Iran. In the sporting world, Argentina secured their well-deserved world cup title and Kerry won the All-Ireland - again! I believe that 'Running up that Hill' by Kate Bush, was certainly a fitting backing track for the sometimes-uphill battle faced this year, as the cost-of-living crisis hit the country almost as hard as Will Smith hit Chris Rock. On the education frontier, we faced our first round of post-covid exams. This was a daunting prospect for some of us who didn't have the opportunity to darken the doorstep of the exam hall before!

I would like to thank the magazine committee for sacrificing your cups of tea at break (a cardinal sin) to make this magazine possible and for all your hard work in putting it together. I would also like to extend our thanks to Mr Murray for aiding us in every aspect of the magazine's publication which has resulted

in *The Red Stairs* being in your hands today! And a final thank you to everyone who contributed to the magazine. We have tried our very best to capture the enthusiasm and individuality you showed in aiding us to tell this story.

Lastly, Class of 2023, I sincerely hope you are still paying attention as this message is for you. To summarise seven years in a few words is a near impossible feat, but I enjoy a challenge. From dance routines in locker rooms and getting lost in the labyrinth of corridors to formal festivities and common room privileges, I can say without a doubt that our time donning the purple and green ensemble has never been dull. With our departure into the big bad world nearing as we have already one foot out the door, I know my year will agree with me that now is the perfect time to introduce the long-awaited ankle length skirts!

Moving swiftly on before I get myself into trouble, I now offer a small token of advice. In my mere 18 years of life there is only one saying that has stuck with me, (it's quite unoriginal I might add) and I hope you take it with you as you descend the seemingly never-ending stairs one last time; carpe diem – seize the day!

Now that I've finally finished, please do me a favour and flick over the page and see what the 2023 publication of 'The Red Stairs' beholds.

Laura McCaffrey, Prefect Leader, School Magazine Committee



School Magazine Committee 2022-2023

L-R: Nakita Lynch, Grainne Donnelly, Grace Guette, Georgia Mulligan, Laura McCaffrey (Committee Leader), Eimear Hanratty (Deputy Committee Leader), Kerri Hanna, Aoibheann Ormsby & Ella Teague.

Head Girl's Address 2023



As I prepare to begin the next chapter in my life, I must say I'm feeling very nostalgic and indeed if I'm honest, quite emotional, that my time in Mount Lourdes is coming to an end. The years seem to have flown by in the blink of an eye. Yet on the other hand, so much has happened over the past seven years, it would be impossible to recount all my experiences, so I'll just give you a little flavour!

I remember my first day in purple, navy and green as if it was yesterday. The Sisters of Mercy chose well when they picked these strong colours, and I hope that you, like me, realise the significance of our unique uniform and will continue to wear it with pride.

Transitioning from a primary school class of fifteen, to a school with over 750 students filled my eleven-year-old self with an array of emotions. Excitement for the new experiences that lay ahead, apprehension on meeting so many new people and making new friends, and perhaps a few nerves about finding my way around not only such a large building, but to the bus stop too. I was no city slicker and believe me finding my way home was a big achievement!

Looking back, I realise my fears were unfounded. Our form teachers and senior prefects served as amazing role models- dispelling all nerves and fostering a welcoming atmosphere that ensured each student felt at ease within the school.

Timetables were navigated with ease, with a little help from my trusty highlighter pens and some strategic colour coding. The maze of classrooms and corridors were deciphered and most importantly ... the quickest route to the canteen at lunch time was discovered, particularly on chicken goujon wrap day!

My fellow Year 8 students climbed our first steps in our journey as Mount Lourdes Girls...although I must admit, I don't think the 41 steps leading to the front door will ever truly be conquered! Especially when laden down with a gigantic school bag, P.E. kit, musical instrument and whatever else first years feel they must bring to school!

I am grateful for the many opportunities that Mount Lourdes has afforded me. Joining the netball team instilled in me both a spirit of competition and camaraderie. Finding the "Rhythm of Life" in the many hours of rehearsals and performances as a member of the school choir was worth it to see the elation and smiles on the faces of our audiences. The



school Masses in St Michael's Church and the Carol services were always great while school occasions and of course I must give a special mention to the legendary Mount Lourdes Got Talent show which ironically started some pop careers whilst simultaneously ending others! And then there were the Sports' Days! We were all Olympians on these days, whether it be our track and field prowess, or more impressively, our wellie boot throws!

No reflection on my memories of being a junior student in Mount Lourdes would be complete without a meander through our trips and days away. As small-town girls we ventured up to the big smoke (Belfast) to see Cinderella in the Grand Opera House in Year 8. Then, on the hottest day of the year we headed to Knock in Year 9. We were fortunate enough to journey into the past on our trip to Dublin to visit the GPO and the Giants Causeway trip lived up to our expectations: although no real giants were spotted, we did look for them!

However, the highlight for me (as it is for most MLE students) was undoubtedly the Year 10 trip to beautiful Barcelona to soak up some Spanish sun and culture, of course! It is still debated whether the teachers enjoyed the rollercoasters more than the students, but judging by the photographic evidence, let's just say a few teachers were reliving their youth!

As my school years progressed, it wasn't long until I moved through the ranks and became a senior upgrading to the more fashionable school jumper



Head Girl and Deputy Head Girls 2022-2023

Head Girl Criea O'Neill with her Deputy Head Girls:

Keelan Murphy, Aoife Rasdale, Laura McCaffrey, Tara McAloon,

Anna Toal and Bronagh Smyth.

and carrying round a shiny folder that got broken far too quickly! Then, just as the rest of Year 11 and I adjusted to no longer being the little fish in the big pond, we couldn't have anticipated the bigger changes to come that would affect our lives in unimaginable ways.

The COVID-19 pandemic forced us to adapt to the world of Microsoft Teams, dodgy Wi-Fi connections and checking numerous times that our microphones were switched off when we they were supposed to be. Handing in coursework via email and catching up with friends from behind a screen became the new normal, and although my commute time from my bedroom to the study was significantly shorter than my journey to Enniskillen, the buzz of the canteen at lunch and the tea and biscuits in Mrs Conroy's GCSE French class was something I truly missed and couldn't wait to experience once more. I must say that I would never dream of turning up to Mr Quinn's class in a hoodie, pyjama bottoms and fluffy slippers, but that was my uniform throughout Covid.

I'm now glad to say that the pandemic days are behind us and through the unending support we received from our teachers, our families, and our friends, we successfully managed to overcome the hurdles of GCSE examinations and we did so with flying colours.

The start of Year 13 also signalled that our focus had to shift towards a more positive and normal future.

For some, this included picking up new subjects and the hunt for the perfect career pathway began. Our numbers expanded as we welcomed the new recruits to embark on their A-Levels with us and new and lasting friendships were once again forged. In Year 14, we were introduced to the world of UCAS applications, interview preparations and the daunting personal statement. Luckily, our teachers have been an extremely helpful source of support and guidance.

When we returned in September of 2022, there was only one important issue on the minds of every Year 14 student - the formal! Talk of upcoming exams, revision and class tests were ditched in favour of dresses, hairstyles, makeup looks and, in some cases the all-important dates! The memories and stories of the formal are ones which we will remember forever and reflect on fondly. Do not worry, Year 14, no details of those conversations will be shared. I have been sworn to secrecy!

As Year 14 students, we are on the cusp of the next stage of our climb which will see us pursuing our own pathways and going our separate ways. Although we will no doubt face challenges along the way, I have confidence that we have been moulded by our families and school community to be the best version of ourselves in whatever pathway we may choose.

On behalf of myself and my year group, I would like to extend a sincere thank you to all teachers and staff who have played a role in shaping our time at Mount Lourdes over the last seven years. The support, guidance, and laughter that you provided will be remembered long after our uniforms are donned for the final time.

As we, in Year 14, prepare to spread our wings and go out into the world, we can be safe in the knowledge that no matter where we end up, the skills, qualities, and values that Mount Lourdes has instilled within us, will carry us, and sustain us.

So, take pride in how far you have come. Have faith in how far you can go. But don't forget to enjoy the journey and my final advice to you is to simply - 'keep climbling!'.

Criea O'Neill Head Girl, 2022-2023

Senior Prefects 2022-2023





Extra-Curricular Committee

L-R: Sinead Barrett, Cara Gray, Cliodhna Martin, Bronagh Smyth (Committee Leader), Carla McCool (Deputy Committee Leader), Emily Cassidy & Kate Murphy. (Missing from photograph: Erin Tierney)



Health and Well Being Committee

L-R: Ellie Graham, Grace Keegan, Aisling McCann, Ellie Carrigan, Keelan Murphy (Committee Leader) & Naoise McKiernan (Deputy Committee Leader)



Liturgy Committee

Back Row L-R: Sophie McCaughey, Catherine Magee, Dearbhla Clarke & Louise Deery

Front Row L-R: Anna Toal (Committee Leader), Clodagh Sweeney (Deputy Committee Leader) & Caitlin Gilligan. (Missing from photograph: Rebecca Cassidy & Abigail Rice)



Fundraising Committee

L-R: Rionach Kelly, Lucy Cadden, Mia Breen, Tara McAloon (Committee Leader), Millie Black (Deputy Committee Leader), Caoimhe Boyle, Fionna Flanagan & Aoife Bradley (Missing from photograph: Christina Mulligan & Amy McGovern)



Key Stage 3 Committee

L-R: Jodi Hamill, Aoife Rasdale (Committee Leader), Keeva Corry (Deputy Committee Leader) & Ciara Leonard



Online Safety Committee

L-R: Ellie Materson, Leah Beacom, Grainne McGoldrick & Emer Campbell

Caitlin Hogg RIP - A Tribute



Caitlin Rose Hogg – her warm smile lit up every room she entered, and her eyes always sparkled. Caitlin was a beautiful person inside and out. She radiated kindness, positivity and happiness and was always honest, loyal, bubbly and funny. Caitlin made a huge impression on all those who knew her. Our form class 10A is not the same without her

I clearly recall beginning our MLE journey together on 1st September 2020. Social distancing was the new normal and we were ready to battle Covid 19 armed with face coverings and hand sanitiser. When Caitlin spoke to me on the first day in Mrs Conroy's form class, we instantly clicked. She was a valued and important person in our form class. Even with the Covid restrictions, we still managed to have plenty of craic in our designated outdoor space at the front of the school. Break and lunch times were spent chatting, plaiting hair, practising our tin whistles, and laughing.

In Year 9 we managed to get further afield and had our visit to Knock shrine. We had no idea this day out would be so much fun. Caitlin kept us entertained posing for a selfie with Our Lady of Knock and had a unique take on holy water from Knock was sure to cure our thirst on the bus journey home.

We loved our nights out with Caitlin. Getting ready for the night out was always the best part about going to Mexx. We loved getting all dressed up, helping each other with hairstyles, eyelashes, nails and choosing outfits. Caitlin was always very meticulous in her preparations, especially when it came to applying fake tan. Caitlin loved to make a Tic-Tok video, with photo montages of our adventures. The daily videos and Snaps she shared brought much joy and laughter to her group of friends. These videos have now become such precious and cherished memories of our friend.

Caitlin always gave great advice. When everyone was panicking about the Year 10 Christmas tests, Cailtin kept a cool head and simply said, "in a few years' time nobody will ask you what you got in your Year 10 Christmas tests". On the penultimate day of our tests, our world changed forever. Caitlin was seriously injured in a road traffic collision on her way home from school and she passed away two days later on 8th December 2022.

Caitlin was a proud Kinawley girl through and through. She played for various underage teams and was always willing to help out however she could around the club. Caitlin loved Kinawley's football pitch, and we walked it many times. To honour the memory of their teammate and friend, the Kinawley girls set themselves a challenge to walk 10 million steps for Caitlin. They far exceeded their target, walking an impressive 16 million steps and raising a phenomenal amount of money for Air Ambulance NI.

Our year group and teachers were joined by her family for a special Mass to remember and celebrate Caitlin's life. The theme of the homily was "Caitlin's Flower Garden". This theme was very fitting as it is often said that God's Garden must be beautiful because he only picks the best. "I see the Light" from Caitlin's favourite film, Tangled was sung after Holy Communion as well as her favourite song, "Yellow" by Coldplay.

In her short life, Caitlin had such an impact on so many people. The hundreds of people who attended her funeral was testimony to just how much she was loved by everyone. Caitlin loved everything about life, her family, her friends, her community, and her school. Her parting has certainly broken hearts and left a huge void. We hope that the pain of Caitlin's passing will ease with time, but we know that her beauty will always remain in our hearts.

"Look at the stars...look how they shine for you". Rest in peace dear Caitlin.

Katie Caughey 10A

Staff List 2022-2023



Principal

Mrs S. Cullen

Vice Principal

Mr S. Devine

Senior Teachers

Mrs M. Judge Mrs J. McGeoghan Mr G. Quinn

Teaching Staff

Mrs G. Carty Mrs S. Casey Mrs L. Clarke Mr C. Connolly

Mrs C. Conrov Mr. A. Convie

Mrs A. Devine Mrs D. Donnelly

Mrs L. Donnelly Ms J. Flanagan

Ms E. Gallagher Mrs C. Greene

Ms E. Gregg

Mrs S. Harty Mr P. Hegarty

Mrs S. Henry

Mrs M. Keaney Mrs D. Kennedy

Mrs A. Lilleker

Mrs K. Love

Mrs D. Lynch

Mrs C. Maguire

Mrs C. McAleer

Mrs C. McCarron

Mrs L. McGrath

Mr M. McGuinness

Mr P. McGovern

Ms E. McKay

Mr B. Meenan

Mrs A. Mulligan

Mr M. Muldoon

Mr D. Murray

Mrs C. O'Connor

Miss N. O'Hagan

Mrs C. O'Hare

Mrs M. O'Reilly

Miss A. Owens

Mr. J. Owens

Mrs K. Owens

Mrs. L. Quinn

Mrs. S. Rice

Ms S. Saunderson

Mrs B. Shannon

Mr. M. Timoney

Learning Mentor

Miss N. McManus

Classroom Assistant

Mrs M. Corrigan Mrs A. Curran Mrs A. Feely Miss C. Foy

Mrs L. Heavey

Miss N. Hicks

Mrs M. Keenan

Mrs P. McCaffrey

Ms. A. Orr

Mrs A. Wheeler

Mrs M. Wray

Administrator

Mrs K. Colton

Secretarial Staff

Ms M. Greene

Mrs K. Maquire Mrs A. McCaughey

Housekeeper

Mrs R. Doran

Technical Staff

Mrs M. Blake

Ms S. Clayton

Mr K. Colgan

Mr P. Eccles

Mr J. Gunn

Mrs N. Millar

Mr G. Savva

Groundsman

Mr K. Mc Manus

Cook Supervisor

Mrs C. McPike

Assistant Cook

Mrs C. Magee

Canteen Assistant

Mrs K. Flanagan

Mrs. J. Naan

Mrs M. Quinn

Mrs P. McShea

Canteen/Domestic Staff

Miss K. Lunney

Cleaning Supervisor

Ms M. Cosgrove

Domestic Staff

Miss R. Boyd

Mr M. Donnelly

Mrs S. Handazhiéva

Mrs C. Hall

Ms L. Jones

Mrs A. Kroma

Ms G. Maguire

Mr T. McIntyre

Mrs S. McManus

Miss J. Shannon

Lunchtime Supervisors

Mrs D. Hynes

Mrs P. Keane

Mr N Keys

Mrs M. Nolan

Study Hall Supervisors

Mrs D. Kerr

Mrs M. Shannon

Prize Day 2022



Sr Eucharia Cup Winner (Best Overall Performance in GCSE) Irene Lymperi & Zoe McGovern pictured with Miss Bridget Walsh, Guest Speaker & Mrs Cullen, Principal



Nora Reihill Memorial Cup (Best performance in GCSE Arts Subjects) Anna Connolly with Miss Bridget Walsh, Guest Speaker & Mrs Cullen, Principal



Sean Gilmartin Cup
(Best Performance in Science Subjects)
 Emily Marshall pictured
 with Monsignor Peter O'Reilly,
 Chairperson of the Board of
 Governors, Miss Bridget Walsh,
 Guest Speaker
 & Mrs. Cullen, Principal.



Past Pupils Cup (for performance in GCSE) Meabh Gilligan



Orla Bogue Memorial Cup Winner (Best in ICT at GCSE) Acorn Cassidy with Thomas & Angela Bogue



Best in GCSE Spanish Irene Lymperi with Mary Doris



Sports Personalities 2022
JUNIOR SPORTS PERSON Kellie McAnespy
SENIOR SPORTS PERSON Erin Tierney & Ciara Leonar
with Head of P.E. Mrs Owens.



Best in Year Sport Winners
Year 8 Grace Connolly
Year 9 Orlaith Clifford
Year 10 Molly Rice
Year 11 Anna McDade
Year 12 Shannon Clawson
Year 13 Bronagh Smyth & Keelan Murphy

Prize Day 2022 Best in Year



BEST IN YEAR 8 Rebecca Snow BEST IN YEAR 9 Aoibhin Mac Enri BEST IN YEAR 11 Kyra Duffy



Carmel MacMahon Memorial Cup Winner (for best overall performance in KS3) Colleen McAuley with Ms Norma MacMahon



Mannock Cup for Best in GCSE Geography Emily Marshall with Paul Monaghan, Mannok

YEAR 8 - BEST IN CLASS

8A - Sadbh Walsh 8B - Beth Buchanan **8C** - Christine Farry **8D** - Solenn Beeson

YEAR 9 - BEST IN CLASS

9A - Charley Gilmurray 9B - Ruby Gilmurray 9C - Dearbhla Clawson **9D** - Holly James

YEAR 11 - BEST IN CLASS

11A - Caoimhe Ormsby 11B - Ellen Conlon 11C - Caoimhe Walsh 11D - Ella McCarney

KEY STAGE 3 SUBJECT AWARDS

Art & Design: Rachel Browne Biology: Rachel Browne, Chloe Gilmurray, Norah McDonnell & Cara Mc Swiggan Chemistry: Chloe Gilmurray

Design & Technology: Andrea Blake

English: Colleen McAuley French: Maille Connolly Geography: Romily Wilson **History:** Norah McDonnell Home Economics: Sorcha McGurn

ICT: Cara McSwiggan

Irish: Trinity Connor, Niamh Golding & Cora McGlone

Mathematics: Cara McSwiggan Music: Taylor McKeever Physics: Norah McDonnell

Religious Studies: Chloe Gilmurray

Spanish: Chloe Gilmurray, Natnicha Mills & Cara

McSwiggan



Contribution to Independent Learning Award Winner

Maeve Mooney with Julie Kelly (South West College)

Prize Day 2022

GCSE SUBJECT WINNERS

Art & Design: Meabh Gilligan Drama: Cadhla McCann

Digital Technology: Acorn Cassidy

Economics: Acorn Cassidy & Niamh Henry

English Language: Acorn Cassidy English Literature: Acorn Cassidy Food& Nutrition: Sinead McGarrigle French: Anna Bradley & Zoe McGovern Further Mathematics: Irene Lymperi

Geography: Emily Marshall History: Cara Tierney Irish: Siofra McAloon Mathematics: Kyra Duffy Music: Aoibheann King

Religious Studies: Aoife Patterson Science-DA: Beth McMahon Spanish: Irene Lymperi

Technology& Design: Emily Marshall



Year 12 GCSE Subject Award winners

Meabh Gilligan, Cadhla McCann, Acorn Cassidy, Niamh Henry, Zoe McGovern, Sinead McGarrigle, Irene Lymperi, Anna Bradley, Emily Marshal,I Cara Tierney, Siofra McAloon, Kyra Duffy ,Aoibheann King, Aoife Patterson, Beth McMahon with Head of Year Miss McKay



AS LEVEL SUBJECT WINNERS

Aine Reilly, Cliodhna Martin, Grainne McGoldrick, Keeva Corry, Georgia Mulligan, Laura McCaffrey, Rionach Kelly, Millie Black, Aoife Bradley, Mia Breen, Aoife Trainor, Lucy Cadden, Ellie Masterson, Caoimhe McCaughey, Clodagh Sweeney, Bronagh, Smyth, Christina Mulligan, Ellie Carrigan, Emily Prunty with Mrs Cullen and Head of Year Mr McGuinness

AS LEVEL SUBJECT WINNERS

Art & Design: Aine Reilly Biology: Cliodhna Martin Chemistry: Cliodhna Martin

Digital Technology: Grainne McGoldrick

Economics: Keeva Corry

English Literature: Georgia Mulligan & Laura McCaffery

French: Rionach Kelly

Geography: Aoife Bradley & Millie Black Government & Politics: Georgia Mulligan Health & Social Care-SA: Mia Breen Health & Social Care-DA: Aoife Trainor

History: Mia Breen **Irish:** Lucy Cadden

Life & Health Science: Ellie Masterson **Mathematics:** Caoimhe McCaughey

Music: Clodagh Sweeney

Nutrition& Food Science: Millie Black

Physics: Keeva Corry

Religious Studies: Bronagh Smyth

Sociology: Aine Reilly Spanish: Christina Mulligan Sports Science: Ellie Carrigan

Technology& Design: Bronagh McGovern

ATTENDANCE AWARDS

100% attendance over 6 years: Caitlin Gilligan

Staff Departures



TERESA IRWIN

Teresa Irwin (nee O'Donnell) was born and raised in Ardara, County Donegal. Upon finishing school, Teresa attended the University of Galway where she completed a BSc in Mathematics and Chemistry. After deciding to pursue a career as a teacher, she went on to complete a 1-year diploma in education, also at the University of Galway.

Teresa married John Irwin (also a Maths teacher) in 1990. With John employed in Ballyshannon and Teresa in Dublin, she applied for and secured a permanent job in Mount Lourdes in 1991. This proved to be an excellent decision for all concerned, with Mount Lourdes providing the perfect place for Teresa to develop her career and Enniskillen an ideal location to raise a family. Teresa and John were blessed with three children Simon, Ben and Rachel (all of whom were regularly discussed in the Maths Department by their proud mother).

Straight away Teresa earned a reputation as an excellent Maths teacher with first class subject knowledge. She was highly respected by her students who achieved excellent results under her direction. It was no surprise when she was promoted first to Head of Department and subsequently to Senior Teacher. Interestingly, her successor as Head of Mathematics was a certain Sharon McCaffrey, a student from Teresa's very first A-Level Maths class in Mount Lourdes.

Over her 31 years of teaching in Mount Lourdes, thousands of students have benefitted from having Mrs Irwin as their Maths teacher. In this time Teresa amassed enormous teaching experience along with a huge number of teaching resources; her classroom was literally bursting with Maths. After taking the decision to retire, over the space of several months, she spent many after-school hours quietly and meticulously checking and collating through every box, file and folder in preparation for her retirement.

As well as teaching Maths, Teresa always took a genuine interest in her students and their holistic development. She enjoyed a particularly strong bond with her A-Level students and was always very keen to find out what they went on to achieve after leaving Mount Lourdes. Her students always had great appreciation for Teresa, something which was very evident from the excitement generated by her return in October 2022 for a few weeks substitute cover.

Teresa will be sorely missed by her colleagues in

the Maths Department. She was the matriarch of the department, an ever-present support for us throughout our time working in Mount Lourdes. At the beginning of our teaching careers, we all benefitted many times from Teresa's support, advice and experience. In later years, from her friendship and sense of perspective. Our informal chats, laughs and rants in the department storeroom were a welcome escape from the pressure of the classroom; many buns were eaten and problems solved as we discussed the issues of the day. Whatever the pressures of work, Teresa always made sure that we never lost sight of the most important things in life: our families and our health.

We would like to sincerely thank Teresa for her 31 years of dedicated service to Mount Lourdes and for everything she did in that time for her students and colleagues. We wish her a long, happy and healthy retirement with John, Simon, Ben and Rachel. Go raibh míle maith agat Teresa.

Mr P. Hegarty

Head of Mathematics

CLARA MARTIN

In June 2022, Clara Martin (née Duffin) retired from teaching after having spent 32 years as highly valued member of Mount Lourdes staff. She initially taught Economics and Geography and in more recent years Business Studies was added to her portfolio.

Clara became Head of Economics in 1991 and under her leadership the department flourished. She was innovative in her teaching strategies and always keen to embrace new technology and change. Remote learning did not faze Clara, indeed she adapted to it like the proverbial "duck to water" appearing live on laptop screens throughout the county.

The role of teacher tutor which she undertook in 2002 suited her perfectly. She mentored new teachers and provided them with the necessary guidance and support (& cups of tea) in the early years of their professional development.

Clara was always a dedicated and committed teacher who was determined that all her students would achieve their potential and aspire to great things. She made her classroom a place of encouragement, care and learning. Over the years, many girls enjoyed cups of tea, chocolate bars and even on occasion home-made pavlovas which led some to wonder if Clara was contemplating a move from the Economics department to the Home Economics department.

However, Economics was her passion, her flair and enthusiasm for the subject has inspired countless students over the years to pursue a career in this field indeed the new member of the Economics department, Mrs Quinn, is herself a former student of Mrs Martin!

Clara participated in many school outings, school trips and school functions over the years. She gave of her time willingly as she felt that the girls benefitted immensely from experiences outside the classroom and was always keen to ensure that as many as possible could avail of such opportunities. She has countless happy memories of these outings and enough photographs at this stage to compile a book as Clara always had her mobile camera close at hand to capture every moment.

There is no doubt that the Mount Lourdes school community will all miss Clara's infectious energy, enthusiasm and her friendship. I had the privilege of teaching with Clara for 25 years and I benefited greatly from her help, support and guidance. She was a valued colleague who I know will remain a true friend. However, with her new-found freedom she will be able to enjoy more time with her family and indulge her loves of gardening, travelling and Irish culture. We wish her good health and every happiness in whatever adventures which lie ahead.

Mrs S. Henry

Head of Economics and Business Studies

BRIAN O'RFILLY

In June 2022 the Biology Department sadly said goodbye to their very own Ironman, Brian O'Reilly (alias Mr O) as he retired from Mount Lourdes after 33 years of service.

A native to Enniskillen, Brian left to study Biology at Aberystwyth University in Wales, but eventually returned and took up his post in MLE in 1989. Since then, he has seen many changes to Mount Lourdes. Once an occupant in the infamous shanty town, he eventually took up residence in the main building.

Brian taught a few subjects in his time, including ICT. However, it was as a teacher of Science and Biology that he felt most at home. He had a real passion for teaching Science and instilling an interest in the subject among the pupils he taught from the moment they started their school journey. This culminated in him successfully taking over the role of Head of KS3 Science in 2004, a role he fulfilled with enthusiasm and dedication.

Brian contributed greatly to many aspects of school life. In addition to his academic contribution, his love for sports and the outdoors was always evident. He was involved in many school trips including ski trips to Bulgaria and Italy, and a Geography trip to Holland. Brian was also the school swimming coach. This involved not only training the girls to participate in competitions but also giving up his weekends to become the chauffeur, responsible for driving the minibus to Belfast and indeed all over Ireland to attend swimming galas. He was always first to volunteer for sports day, not only to help out with an event but also to take part in any teacher race going. It was here that his competitive streak was most evident.

As a department we have been enriched by the experience of knowing and working with Brian. His inventive ideas, when it came to teaching difficult biological concepts, will be missed.

Brian, it is time to say goodbye to all the pressure and welcome the endless leisure. I am sure Ozzy is enjoying having multiple walks each day and Sunday nights can now be enjoyed relaxing in your beloved Rossnowlagh.

We wish you health and every happiness in your retirement. We hope that you continue with your travels and make many beautiful memories.

Ms N. O'Hagan

Head of Biology

GERALDINE ZECHNER

Geraldine Zechner joined the Modern Language Department in Mount Lourdes in September 2005 as a teacher of German and French. Her passion for languages and love of travel were quickly evident and resulted in several Year 10 trips to Germany and Italy with Geraldine as one of the trip leaders. Students also enjoyed

German Karneval events, and several A level German students availed of study visit scholarships to Germany with UK German Connections under Geraldine's tutelage. Geraldine maintained close links with the Goethe Institute and accompanied students to annual productions of German plays in DCU organised by the Institute.

Another of Geraldine's great loves was the world of movies. Every year she and a group of friends worked tirelessly to bring Clones Film Festival to life in October. A-Level Language students enjoyed



an annual trip to the Cinemobile in Clones to watch a selection of foreign language films, including "Le Choristes" and "Goodbye Lenin." To this day the French classic "Les Choristes" remains a firm favourite in the French department, with many students using its message of the power of music and song to talk about in their A level speaking exam.

As the phasing out of German began in school Geraldine moved into Health and Social Care in 2011. Geraldine adapted to introducing this new subject to A-Level students with flair, enthusiasm and dedication. She organised guest speakers and visits to local Health and Social care settings. She became Head of the Health and Social Care Department in 2012 and led a growing department for both Single and Double Award modules in a highly efficient manner. Geraldine was a committed, approachable, helpful and fun colleague to work with and is greatly missed in the department.

Geraldine decided to take a career break in 2017. This allowed her time to pursue her love of languages and in particular to return to her French studies. As a result, Geraldine has now secured a post in the Language department in Beech Hill College, Monaghan.

Geraldine, we wish you, Thomas and your family all the very best in the future and hope you continue to pursue your passion for travel and cinema. Bonne chance and Viel Glück.

Mrs S. Casey, Head of Modern Languages
Mrs. L. Clarke, Head of Health & Social Care

AMY WILSON

Amy Delaney (née Wilson) joined the Modern Language department in Mount Lourdes as a student teacher of French and Spanish from QUB in February 2021. Our initial meeting was via Teams as we had been teaching online since our return to school after the Christmas holidays. The Modern Language department has welcomed many student teachers over the years, but this was certainly a very different experience for all of us, as Covid continued to put our normal way of working on hold. Our steep learning curve in the online learning world now involve mentoring a student teacher. However, Amy settled effortlessly into the routine of online lessons and was soon giving us tips about what worked well in the virtual language classroom.

When we eventually returned to the classroom in

April 2021 Amy took that in her stride too, and her calm approach and caring nature made her an ideal choice to lead the school's Engage programme in September 2021. Engage was entering its second year and Amy's work with small groups and individuals proved invaluable to those students who availed of her support. She had a great rapport with the students she mentored and her daily challenges for all classes through the Well-being Challenge Calendar were particularly popular among the younger students.

Amy's organisational skills were exceptional, and she displayed an extremely pragmatic approach to studying. Along with Mrs Lorraine McGrath she planned and delivered a Study skills session for Year 10 students and offered practical tips in the run up to the Christmas exams.

2022 was an exciting year for Amy. On a bleak February morning she brightened up my day with her announcement that she had got engaged to Craig Delaney and was planning her wedding for 6th July. However, sadly for us this meant that Amy would be leaving Fermanagh and would be moving to Kilkenny.

In her usual no nonsense way Amy carefully planned her big day and began to attend job interviews in the Kilkenny area. She successfully secured a year post in Loreto College teaching French and Spanish in September 2022.

Amy, we thank you for your hard work with us in Mount Lourdes. Your passion for Languages was obvious and your enthusiasm and commitment will be welcomed in Loreto College, Kilkenny. Our loss is most definitely their gain. We wish you every happiness as you begin this exciting new chapter in your life.

Mrs S Casey

Head of Modern Languages

Kyrenia McDonagh

Kyrenia joined Mount Lourdes in September 2013. She quickly integrated into the Learning Support Department. Her vibrant, likeable and engaging personality endeared her to all. She enthusiastically took on the role as a classroom assistant and was totally committed to her students' welfare. Kyrenia's colleagues appreciated her good humour and her assistance. Her genuineness and integrity made her a delight to work with. Kyrenia has taken on a new role working in the family business. We wish her every success, health and happiness for the future.

Mrs M. Keaney

Learning Support Co-ordinator

Farrah Duffy

Farrah started Mount Lourdes in September 2014 and quickly became a key member of the Learning Support Department. Her enthusiasm for her work and care for her students were immediately apparent. Her students appreciated her hard work, her commitment and her dedication. Farrah's colleagues valued her generosity with time and knowledge and her fastidious approach to tasks. Her work ethic and integrity made her a joy to work with. Farrah has taken up a new post in the Health sector. We wish her every success, health and happiness for the future.

Mrs M. Keaney

Learning Support Co-ordinator

Angela Feely

Angela joined Mount Lourdes in September 2021. She easily joined in with the Learning Support Team. Her enthusiasm and dedication for her work was obvious. She was an excellent classroom assistant and fully committed to her students' welfare. Angela's colleagues appreciated her pragmatic and responsible approach. Her sincerity and integrity made her a joy to work with. Angela has taken up a post in another school. We wish her every success, health and happiness for the future.

Mrs M. Keaney

Learning Support Co-ordinator

New Members of Staff





Fiona Bersot

Subject(s): Health and Social Care, English and

Home Economics

Hometown: Carrickmore, Co Tyrone.

Biggest pet peeve? Idiotic behaviour.

Favourite book or movie? "A Little Life" by Hanya

Yanagihara.

How do you like to dress? Smart-casual.

If you could live anywhere in the world, where would you choose? France.

What's your music taste? A variety- from jazz, to trad, to folk and indie rock.

Ideal dinner party guests? Roger and Mirka Federer, Barack and Michelle Obama.

If you could swap jobs with anyone in the world for a day, who would you swap with? Any midwife.

If you weren't a teacher, what would you be? $\mbox{\ A}$ midwife.

If you could speak any ancient language, what would you speak? Latin.

Describe yourself in five words: Mother, wife, friend, organiser and optimistic.

If you could time-travel, which time period would you live in? 1920s.

What inspired you to become a teacher? My A-level Religion teacher.

Happiest childhood memory? Family holidays.



Aidan Convie

Subject: Maths

Hometown: Maghery, Co. Armagh

What school did you teach in before coming to Mount Lourdes? St. Patrick's Grammar School, Armagh and St. Kevin's, College, Lisnaskea.

What is your first impression of Mount Lourdes? Mount Lourdes has an extremely supportive and caring environment. The students are willing to do well in class and support each other also.

Who is your new "work best friend"? Mr Devine. There are a lot of great people and then there is Mr Devine. Mr Hegarty, Mrs Love and Mr McGovern also deserve a special mention.

What football team do you support? Liverpool in soccer and Coa in Gaelic.

What 3 items would you have with you if stranded on a deserted island? Music, Fishing rod and a boat

If you could live in a fictional universe, where would it be? Maths land - meaning all problems in that world could be solved by equations

What is your biggest fear? Snakes - I think that speaks for itself!

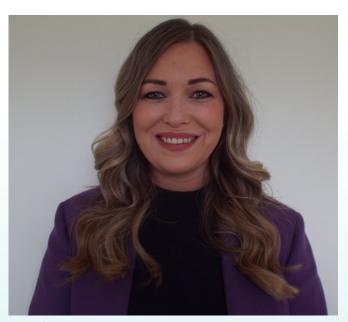
What TV series are you obsessed with at the minute? Inside Man, although all I seem to sit watching is Peppa Pig at the minute.

Describe yourself in 5 words: Enthusiastic, Considerate, Straightforward, Easy-going and Helpful (I hope!)

If you could take part in any Olympic sport (winter

or summer) what would it be? 100 metre sprint - It shows the fastest in the world and that has to be the pinnacle of sport.

In a movie of your life, who would play you? Tom Hanks - It would be great to chat to Tom. I am always intrigued by his movies. He could also give me hints on how to get off that deserted island!



Leah Quinn

Subject(s): Economics and Business Studies

Hometown: Enniskillen

What was your first impression of Mount Lourdes? The school is a very warm and friendly community of pupils and staff.

If your life was a movie, what would it be called?
Beauty and the Beast (Haha. Only joking, Mr Quinn!)

If you weren't a teacher, what would you be and why? I would probably work in Business Finance or Accounting.

What is your biggest fear? Running out of mobile data!

What song lyric best describes you? Simply the Best.

What is the best piece of advice you have received? To stay true to yourself.

What is your go-to karaoke song? Singing is not one of my greatest attributes. I would subject no one to my singing voice so I have no go-to karaoke song, I'm afraid.

You're having a diner party, who would your top 5 guests be? My Grandad, Richard Gere, Lady Gaga,

Kate Middleton and Morgan Freeman.

What is your most embarrassing moment?

Congratulating a lady at work on her pregnancy only to be told that she wasn't pregnant. Awful!

What is your favourite joke? I'd tell you an Economics joke, but there's not enough demand!

If you were to be on a deserted island, what 3 items would you have with you? A rowing boat, a fishing rod and my slippers.

If you could live in any fictional place, where would you choose to live? Narnia

What is your biggest pet peeve? Bad manners and bad language.

Student Council 2022-2023





Student Council October 2022-23

Back Row L-R: Mr Quinn, Saorla McBarron, Aoife Rasdale, Criea O'Neill, Laura McCaffrey,
Cadhla McCann, Emer Murphy & Keelan Murphy
Middle Row L-R: Ethna Ni Cheallaigh, Niamh McAllister, Anna Toal, Mrs Cullen, Aoibhin Kelly, Jude Britton,
Bella Nethercott & Tara McAloon
Front Row L-R: Kacey Gallagher, Ciara McCrystal, Lily Callaghan, Izzy Curran, Brijit Varghese,

Cora McGrath & Bronagh Smyth

Mulfield Research Placement: A Study into the Impact of Covid-19 on Students Learning in Science and Engineering in Higher Education



In my research paper I aimed to describe the impac of the Covid-19 Pandemic from the perspective of higher education students. As life came to a halt, academics had to continue or complete their degrees in the extenuating circumstances. I used ranges of data sets to analyse the research statement and found from my research that many students felt incapable of maintaining their usual standards when completing work and tasks.

I worked closely with Professor James Uhomoibhi during my placement, who stimulated ideas and helped produce relevant knowledge to contribute to my paper. Throughout the report I focused on four fundamental areas; the mental wellbeing of students and how this affected their overall performance during the global pandemic, the consequent effect on secondary school level STEM students due to grade inflation, the impact of technology in education and the evolution of gamification in an educational environment throughout the lockdown period.

The pandemic enhanced the development of technology in the educational industry and in my research paper I aimed to show how the advancements in technology changed the outlook of education in a virtual environment and how it

lockdown through close analysation and comparison of student performance before and during the lockdown period.

Grannie McGoldrick, Year 14







8A - Form Teacher: Mrs L. McGrath







Mia Callaghan



Grace Connolly



Anna Gilmurray



Ellen Keown



Tabitha Lynch



Moya Magee



Jessica Maguire



Lola-Rose Maguire



Ella McAleer



Aoife McCaffrey



Grace McGrade



Cara McGuinness



Ava McKeown-Travers



Beth McLoughlin



Niamh McManus



Bella McQuaid



Cara Meehan



Eva Murphy



Niamh Quinn



Tori Reid



Beatrice Reilly



Holly Robinson



Emily Stewart



Zainab Tariq

Year 8

8B - Form Teacher: Mrs C. McAleer



Isla Brown



Chloe Carroll



Sadhbh Crudden



Eva Donnelly



Aine Gartlan



Naomh Kelly



Katie Magee



Lily Maguire



Caitlin Markey



Orlaigh McAuley



Eireann McCann



Emma McCaughey



Martha McElholm





Shannon McGee Muireann McGovern



Tilly McGowan



Cora McGrath



Isabelle McLaughlin



Bonnie Milne



Anna Morris



Eimear Mulligan



Jessica Napper



Niamh Reilly



Sofia Rennick





Tearna Shannon





8C - Form Teacher: Miss E. Gallagher







Ruby Cadden



Laoise Cassidy



Sianna Caughey



Aoibhinn Cogan



Olivia Connolly



Emily Creevy



Kacey Gallagher



Hannah Grainger



Shahd Issa



Eabha Kelly



Cara McEnri



Brianna Martin



Ciara McCrystal



Molly McGinley



Lexi McGoldrick



Lily McGonigle



Niamh McGoldrick



Naoisa McKenna



Erin McPhillips



Adrija Mikneviciute



Aine Mohan



Megan Mullally



Laoise Ni Fhiaich



Eimhear Reilly



Aine Rooney

Year 8

8D - Form Teacher: Mrs S. Saunderson



Scarlett Boyle



Niamh Brazil



Elouise Callaghan



Ella Cashel



Isabelle Clarkson



Carla Connolly



Laoise Corrigan



Neala Gallagher



Katie James



Aoibhe Killen



Holly Leonard



Leah Martin



Mya Maye



Grace McAloon



Maeve McCaffrey



Ellen McDonnell



Eimear McGahey



Maisie McGahey



Grace McGrath



Rebecca McSorely



Hanna Murphy



Niamh Ratchford



Catherine Ryan



Cara Trainor



Dominika Wegrzynowska



Year 8

Boyle, Scarlett Brabin, Aine Bradley, Eliza Brazil, Niamh Brown, Isla Cadden, Ruby Callaghan, Elouise Callaghan, Mia Carroll, Chloe Cashel, Ella Cassidy, Laoise Caughey, Sianna Clarkson, Isabelle Cogan, Aoibhinn Connolly, Carla Connolly, Grace Connolly, Olivia Corrigan, Laoise Creevy, Emily Crudden, Sadhbh Donnelly, Eva Gallagher, Kacey Gallagher, Neala Gartlan, Aine Gilmurray, Anna Grainger, Hannah Issa, Shahd James, Katie Kelly, Eabha Kelly, Naomh Keown, Ellen Killen, Aoibhe Leonard, Holly Lynch, Tabitha MacEnri, Cara Magee, Katie Magee, Moya Maguire, Jessica Maguire, Lily Maguire, Lola-Rose Markey, Caitlin Martin, Brianna Martin, Leah Maye, Mya McAleer, Ella McAloon, Grace McAuley, Orlaigh McCaffrey, Aoife McCaffrey, Maeve McCann, Eireann McCaughey, Emma McCrystal, Ciara McDonnell, Ellen

McElholm, Martha

McGahey, Eimear

McGahey, Maisie

McGee, Shannon McGinley, Molly McGoldrick, Lexi McGonigle, Lily McGovern, Muireann McGovern, Niamh McGowan, Tilly McGrade, Grace McGrath, Cora McGrath, Grace McGuinness, Cara McKenna, Naoisa McKeown-Travers, Ava McLaughlin, Isabelle McLoughlin, Beth McManus, Niamh McPhillips, Erin McQuaid, Bella McSorley, Rebecca Meehan, Cara Mikneviciute, Adrija Milne, Bonnie Mohan, Aine Morris, Anna Mullally, Megan Mulligan, Eimear Murphy, Eva Murphy, Hanna Napper, Jessica Ní Fhiaich, Laoise Quinn, Niamh Ratchford, Niamh Reid, Tori Reilly, Beatrice Reilly, Eimhear Reilly, Niamh Rennick, Sofia Rice, Aine Robinson, Holly Rooney, Aine Ryan, Catherine Shannon, Tearna Stewart, Emily Tariq, Zainab Trainor, Cara Wegrzynowska, Dominika

Year 9 Baird, Jenna Benson, Holly Brady, Yvie Brennan, Annie Britton, Bonnie Buchanan, Beth Callaghan, Lily Campbell, Aoibhin Carey, Aoife Carey, Eimear Cathcart, Harper Cleary, Ellen Collins, Aine Conlon, Sarah Connolly, Grace Connolly, Sarah-Jessica Corrigan, Caoimhe Coyle, Mia Curran, Izzy Currie, Lucy Curry, Aoife Davis, Eden Donnelly, Cara Duffy, Orlaith Durkin, Aimee Farry, Christine Fitzpatrick, Aobha Flanagan, Rosie Foster, Mya Gallagher, Eva Gallagher, Grainne Gartlan, Caoimhe Geoghegan, Molly Gormley, Cadhla Gormley, Caitlin Hanley, Eve

Harkin, Eily-May Hennessy, Ava Hennessy, Maille Hughes, Rosa Keenan, Caoimhe Keenan, Kyra Kelly, Orlagh Keown, Orla Kilpatrick, Ava King, Aoise Lynch, Rebecca MacInnes, Isla Martin, Summer McAloon, Orlaith McCabe, Caoimhe McCaffrey, Grace McCarney, Alannah McCarney, Caitlyn

Hanna, Jessica

Harkin, Adele

McDermott, Ella McDermott, Tiona McDonnell, Aideen McElholm, Sarah McGarry, Annie McGuigan, Aoife McHugh, Aoife McKenzie, Ciara McKiernan, Grace McMahon, Katie McMenamin, Saoirse McNabb, Hannah Melanophy, Ciara Mulligan, Tara Murphy, Elisha Murphy-Sicilia, Isabel Murray, Ava Neal, Ava Neones, Chloe Faith NigUidhir, Mollai Emma O'Brien, Emma O'Brien, Poppy O'Driscoll, Aimee O'Reilly, Annie Porter, Grace Quinn, Aoibhinn Quinn, Niamh Reilly, Clodagh Rooney, Róisín Simmons, Kyla Sliman, Caragh Smith, Gemma Snow, Rebecca Stewart, Annabel Trainor, Aisling Traynor, Danielle Treacy, Imogen Tunney, Lily Walsh, Sadbh Wilde, Molly Woods, Hayley Wright, Holly

Year 10

Balfour, Darcy Boyd, Eloise Boyd, Molly Boyle, Gabriele Boyle, Kayla Bradley, Ellen Breen, Katie Breen, Seaneen Britton, Jude Brown, Tara Cameron, Jamay Campbell, Shannon Caplikaite, Ula Carron, Mia Caughey, Katie Chesters, Lucy Clarke, Abbie Clawson, Dearbhla Clifford, Orlaith Corrigan, Maria Corrigan, Meadhbh Donnelly, Clodagh Drumm, Kayleigh Elliott, Katie Flanagan, Caitlin Gallagher, Tori Gavin, Jessica Gilmurray, Charley Gilmurray, Ruby Greene, Cassie Hambly, Meabh Hamilton, Saoirse Hannigan, Chloe Hegarty, Niamh Hoogerboord, Kiera Hussey, Jenna James, Holly Johnston, Ava King, Niamh Kupkova, Nelka Lavery, Zoe Lynch, Hannah MacEnrí, Aoibhín Maguire, Connie Maguire, Meghan Maguire, Niamh Malanaphy, Aisling Martin, Emma McAllister, Emer McCabe, Niamh McCaghery, Ella

McGeoghan, Emilia McGirr, Molly McGovern, Casey McGovern, Ella McGovern, Rhea McGrade, Cara McGrath, Kayla McGrath, Lucy McKeagney, Muirne McKenna, Eimear McKenna, Molly McMahon, Aoife McManus, Emma McManus, Mollie McManus, Naoise Melanophy, Niamh Miller, Tessa Mohan, Caoilfhionn Mohan, Cara Mulligan, Sophy Murphy, Niamh Murray, Aisling Murray, Lily Nawrocka, Olivia O'Donnell, Niamh O'Neill, Alanna Quinto, Chelsy Reilly, Mea Reilly, Saoirse Reilly, Sofia Rooney, Sadhbh Savage, Eva Scott, Emily Sekula, Amelia Smyth, Ellie Smyth, Niamh Szewczyk, Keira Tahir, Ayesha Toye, Kaela Varghese, Brijit Wright, Isabella

Year 11

Abraham, Bella Apionkinaite, Emilija Bannon, Ava Blake, Andrea Bogue, Ciara Brines, Emma Britton, Cathy Browne, Rachel Callaghan, Aimee Carrigan, Ava Cartin McCloskey, Rhea Cauldwell, Farrah Clarkson, Ellie-Mae Collins, Caoimhe Conlin, Sarah Connolly, Maille Connor, Trinity Corbett, Rachel Crudden, Marta De la Serna, Cora Donaghey, Emer Donnelly, Aislinn Donnelly, Niamh Doonan, Eimear Ferguson, Cora Freeman, Lucy Gartland, Chloe Geoghegan, Aoife Gilmurray, Chloe Gilmurray, Grace Golding, Niamh Gormley, Aoife Hyde, Anna Johnston, Jessica Kean, Lily Knight, Imogen Lattimore, Leah Lavery, Isabelle Leonard, Lucy Linton, Erica Mackin, Phoebe Magee, Caitlin Maguire, Ciara Maguire, Ellen Maguire, Evelyn McAllister, Niamh McAnespy, Kellie McAuley, Colleen McBarron, Saorla McCaffrey, Catherine McCarney, Aleah McCartney, Tierna McDaid, Matilda McDermott, Bronagh McDonagh, Athena

McDonnell, Annalise

McDonnell, Ava

McDonnell, Norah McDwyer, Saoirse McGinn, Eibhleann McGlone, Cora McGoldrick, Mya McGrath, Cairenn McGrory, Sophie McGurn, Sorcha McKeever, Taylor McKenna, Cadhla McKervey, Carla McLaughlin, Mollie McManus, Cara McManus, Kerri-Ellen McQuaid, Sara McSorley, Catherine McSwiggan, Cara Meehan, Eabha Melanaphy-Watson, Isobelle Mills, Natnicha Mohan, Deirbhile Morris, Mya Mulligan, Zoe Murphy, Eirinn Naylor, Hannah O'Connor, Emily O'Donnell, Ciara O'Driscoll, Megan O'Kane, Marianne O'Reilly, Molly Parker, Ciara Pennell, Kayla Pennell, Kerri Pietrak, Zuzanna Reilly, Emily Reilly, Rebecca Rice, Molly Schofield, Hannah Shields, Madeleine Smith, Ella Snow, Emma Tariq, Musfira Wilson, Romilly Woods, Hannah

McCann, Aine

McDade, Kate

McCauley, Sorcha

McConnell, Cora

McCusker, Dervla

McDonnell, Cora



Year 12

Blake, Ella Bogue, Amy Boyd, Abigail Boyle, Abigail Boyle, Niamh Brabin, Ciara Byrne, Erinn Byrne, Niamh Cathcart, McKenzie Conlon, Ellen Connolly, Jessica Corry, Sarah Crawford, Ciesha Deery, Sarah Dolan, Cadhla Dooris, Riona Duffy, Kyra Eccles, Clodagh Elliott, Aimee Eves, Cara Fee, Leanna Finlay-McGovern, Eva Forster, Leona Frost, Molly Gillen, Shauna Golding, Katie Gray, Eimear Hamill, Ruby Hanratty, Eva Harron, Grace Harron, Katie Higgins, Caragh Hodgson, Poppy Howell, Meabh Ingram, Eimear Jackman, Grace Johnston, Lucy Judge, Aoibhe Kean, Ellie Keaney, Riona Keegan, Eve Kelly, Aoibhin Lannon, Isobel Leonard, Ava Love, Aoibh Lymperi, Chrysa Magee, Maria

Maguire, Aoibheann

Maguire, Erin

Maguire, Kelsey

Malone, Grace

Martin, Saoirse

McCann, Erin

McCarney, Ella

McCarron, Elisha

McCrory, Emma

McCusker, Aoife

McDade, Anna

McDonnell, Caoimhe McGarry, Evie McGovern, Abbie McGovern, Katie McGovern, Saoirse McGuinness, Ciara McGurren, Molly McKeown, Bronach McKervey, Ellie Meeke, Amy Murphy, Aoife Murphy, Cara Murphy, Emer Nethercott, Bella Nolan, Caitlyn Northern, Sarah O'Hare, Daisy O'Hare, Katie O'Neill, Tia Ormsby, Caoimhe Prunty, Leah Reilly, Clodagh Rice, Alex Roche, Kerri Slevin, Erin Smyth, Sarah Swift, Jasmine Tierney, Ania Tierney, Raina Toal, Maria Walsh, Caoimhe Warnock, Aine Wegrzynowska, Julia

Year 13

Anilkumar, Anjalikrishna Bartley, Catherine Beaumont, Ashley Bradley, Anna Callaghan, Katie Campbell, Ciara Campbell, Karolina Carey, Caoimhe Cartin McCloskey, Elle Carty, Ellen Cassidy, Acorn Cassidy, Anna Cassidy, Cora Clarke O'Shea, Eva Clarke, Emma Clawson, Shannon Collins, Blathnaid Conlan, Caoimhe Connolly, Anna Cox, Anna Davey, Mya Donnelly, Aoife Doyle, Emer Duffy, Grainne Duffy, Grainne Duffy, Muireann Elliott, Katie Elliott, Shauna Faux, Caoimhe Fee, Clodagh Ferguson, Cainnecha Flanagan, Ellen Gaffney, Josie-Mae Gallagher, Caoimhe Gallagher, Siofra Gallogley, Niamh Gilligan, Meabh Grew, Anna Hamilton, Caoimhe Hanley, Eleanor Hanly, Amber Hanna-Storey, Caitlin Hannigan, Naomi Henry, Niamh Imran, Maryum Jackson, Ella Jardine, Carla Johnston, Caitlin Jones, Aoife Jones, Dearbhla Keane, Aoife Keane, Niamh Keenan, Molly Kelly-Neill, Rachel

Lunney, Ciara Lymperi, Irene Lynch, Aela Magee, Laura Maguire, Aoife Maguire, April Maguire, Megan Malone, Natasha Marshall, Emily Martin, Annabella Martin, Sam McAloon, Siofra McCaffrey, Chloe McCaffrey, Dana McCaffrey, Eve McCann, Amy McCann, Cadhla McConnell, Ciosa McCool, Paula McCorry, Niamh McDermott, Elisha McDonnell, Cara McFadden, Erin McFarland, Aoife McFarland, Katie McGarrigle, Ciara McGarrigle, Sinead McGinty, Megan McGoldrick, Aoibheann McGovern, Aoife McGovern, Grainne McGovern, Zoe McGrath, Niamh McGurn, Roisin McKeever, Kerri McKenna, Bethany McLoughlin, Leah McMahon, Beth McManus, Brianne McManus, Erin McManus, Katie McManus, Laoise McManus, Tierna McMenamin, Beibhinn McNally, Abbie McNally, Ava McNeil, Iona McQuaid, Ellie Megahey, Rachel Monaghan, Eabha Monaghan, Eilish Murphy, Megan Murphy, Rhiannon Murray, Bridin Murray, Oonagh Ni Cheallaigh, Ethna Nolan, Rachel O'Brien, Chloe O'Connor, Scarlett O'Donnell, Ella

Kerrigan, Jessica

King, Aoibheann

Leonard, Orla

Love, Hannah

O'Keefe, Laoise O'Loughlin, Grace O'Malley, Niamh O'Shea, Kacey O'Sullivan, Muireann Patterson, Aoife Pietrak, Lucja Quinn, Aisling Reihill, Emilie Ryan, Molly Shannon, Katie Skrodenyte, Arete Slevin, Cora Smyth, Niamh Sweeney, Chloe Tariq, Fatima Tierney, Cara Tracey, Sarah Trainor, Maria Turbett, Sophie Wong, Yin

Year 14

Allen, Chloe

Baird, Holly Barrett, Sinead Beacom, Leah Black, Millie Boyle, Caoimhe Bradley, Aoife Breen, Mia Cadden, Lucy Campbell, Aife Campbell, Eimear Campbell, Emer Carey, Katie Carrigan, Ellie Cassidy, Emily Cassidy, Rebecca Clarke, Ciara Clarke, Dearbhla Cleary, Eimear Conlon, Sophie Corry, Keeva Cuffe, Caitlin Curry, Kelsey Deery, Louise Donegan, Riona Donnelly, Anna Donnelly, Grainne Doyle, Catherine Duffy, Caitlin Duffy, Emma Durkin, Miah Elliott, Zoe Flanagan, Fionna Gilbride, Caragh Gilleece, Ciosa Gilleece, Kieva Gillen, Niamh Gillespie, Anna Gilligan, Caitlin Goodwin, Estee Graham, Ellie Gray, Cara Guette, Grace Hamill, Jodi Hanna, Kerri Hanratty, Eimear Gray, Cara Guette, Grace Hamill, Jodi Hanna, Kerri Kelly, Megan Kelly, Rionach Keown, Grace Kerrin, Aine

Maguire, Mikayla Malanaphy, Eimear Martin, Cliodhna Masterson, Ellie McAloon, Tara McCabe, Casey McCaffrey, Cristiona McCaffrey, Laura McCann, Aisling McCann, Annie McCann, Erin McCaughey, Caoimhe McCaughey, Sophie McCool, Carla McDermott, Elyse McEvoy, Laura McGauran, Abi McGoldrick, Grainne McGovern, Amy McGovern, Bronagh McGovern, Sorcha McGuigan, Eimear McGuinness, Rhianne McIntyre, Nadine McIntyre, Niamh McKiernan, Naoise McLaughlin, Danielle McLoughlin, Megan McManus, Chloe McManus, Tiernagh McNeil, Niamh McSorley, Ella Mohan, Aoibhinn Mooney, Maeve Moss, Caitlin Mulligan, Christina Mulligan, Georgia Murphy, Kate Murphy, Keelan Murray, Eimear Nolan, Ciara O'Donnell, Clodagh O'Harte, Niamh O'Kane, Olivia O'Neill, Criea O'Reilly, Brenna Ormsby, Aoibhinn Rainey, Roisin Rasdale, Aoife Reilly, Aine Rice, Abigail Robson, Reika Rogers, Tegan Shannon, Niamh Smyth, Bronagh Sweeney, Clodagh Teague, Ella Tierney, Erin Toal, Anna Trainor, Aoife

Treacy, Eibhlis Treacy, Grace Treacy, Sarah Young, Aimee

Kildea, Aoibhinn

Magee, Catherine

Leonard, Ciara

Lynch, Nakita







Year 14A



Chloe Allen
Best Memory:
Barcelona.



Holly Baird

Best Memory:
Years 8-10 in Mrs
McAleer's form class.



Leah BeacomBest Memory:
Mrs Lilleker's parties.



Millie Black
Best Memory:
Hiding behind the high
jump mat in P.E. with
Ciosa.



Caoimhe Boyle

Best Memory:
Talent show - The
Conor McGregor act.



Aoife Bradley

Best Memory:
Wholesome lunches at
the tennis courts.



Mia Breen

Best Memory:
Lunch in Mr
McGuinness' room.



Lucy Cadden

Best Memory:
Slapsies with Aine
in GCSE Foundation
Maths class.



Eimear Campbell

Best Memory:
Ciosa driving a minibus and Honey G.



Emer Campbell

Best Memory:
Tea on a Monday in Mrs
Conroy's class.



Katie CareyBest Memory:
Barcelona.



Ellie Carrigan

Best Memory:
The day we beat
Coláiste Oiriall in
an U20's game.

Form Teacher: Mr. B. Meenan

Year 14B



Emily Cassidy

Best Memory:
Room 60 baby!



Rebecca Cassidy

Best Memory:
Year 13 and 14!



Dearbhla Clarke

Best Memory:
10B, 'McAloon's
Faloons' and Mrs
Lilleker's parties.



Eimear Cleary

Best Memory:
Being in Ciosa's

Minibus.



Sophie Conlon

Best Memory:
Foosie Fridays with Mr
Hegarty.



Keeva CorryBest Memory:
Foosie Fridays
Tea with Mrs Martin.



Caitlin Cuffe

Best Memory:
Breaking my wrist in P.E.



Louise DeeryBest Memory:
8D Hairdressing.



Riona Donegan

Best Memory:
My 20 minutes at the formal



Anna Donnelly

Best Memory:

8B Bright Braided

Ballers.



Caragh Gilbride

Best Memory:
Repeating - so good
did it twice.



Ciosa Gilleece

Best Memory:
Driving my Minibus.



Kieva Gilleece Best Memory: Year 13 and 14.



Niamh Gillen
Water ride in
Portaventura on the
Year 10 trip.



Aine Kerrin

Best Memory:
20 minutes at the
formal with Riona.



Mikayla MaguireBest Memory:
Religion with Caragh.



Erin McCannBest Memory:
Top Toilets!



Niamh McIntyre

Best Memory:
Drinking tea in
Business Studies on a
Friday.



Maeve Mooney

Best Memory:
Formal Awards!

Year 14C



Sinead Barrett

Best Memory:
When we beat Colaiste
Oraille in U2Os football
and they said we drew.



Affe Campbell

Best Memory:
Sitting in the Study
Hall with friends and
talking about going on
holidays.



Ciara Clarke

Best Memory:
Common room
debriefs on Mondays.



Kelsey Curry

Best Memory:
Planning trips away
with my friends and
never booking them
because we cannot
afford them.



Anna Gillespie

Best Memory:
Fainting in PE and
unconsciously talking
about spuds, Miss
Winters and the Emily
Davidson video and
Sorcha discovering
Chernobyl in AS
Chemistry.



Caitlín Gilligan

Best Memory:
Barcelona.



Ellie Graham

Best Memory:
Spending lunchtime in
Mr Devine's room with
my friends.



Cara Gray

Best Memory:
Our lunchtime debriefs
at 'the table' in the
Common Room every
day.



Grace Guette

Best Memory:
The mirror maze in
Barcelona and foosie
Fridays with Mr
Hegarty.



Jodi HamillBest Memory:
Chats with Mr Timoney.



Kerri HannaBest Memory:
Barcelona 2019 and Mr
Timoney's form class.



Eimear Hanratty

Best Memory:
12A Barbs and Mr
Timoney.



Clódagh Hoy

Best Memory:
The Barcelona trip
when Chloe tried to
hide in the bathroom.



Grace Keegan

Best Memory:
Mrs McGeoghan falling
into the bin and just Mr
Timoney!



Sadie Keenan

Best Memory:
Bringing 4 litres of holy
water back from our
Knock trip.



Lauren Kelly

Best Memory:
Year 12 Chemistry with
Mrs McGurn.



Ríonach Kelly

Best Memory:
Doing drama in Miss
Owens' class.

Year 14D

Form Teacher: Mrs C. McCarror



Catherine Doyle

Best Memory:
Formal activities.



Caitlin Duffy

Best Memory:
Tea in Mrs Henry's on
a Monday in Business
Studies class.



Emma Duffy

Best Memory:
Bus ride to formal.



Zoe Elliot

Best Memory:
Danielle McLaughlin's
dancing at the formal.



Megan Kelly
Best Memory:
The formal.



Grace Keown

Best Memory:
When Aoife Rasdale
ate Miss Hughes'
already half-eaten
cornetto!



Ciara Leonard

Best Memory:
Getting tea with Mrs
Martin twice a week in
Economics.



Best Memory: 12A, Barbs & Barcelona.



Malanaphy
Best Memory:
When Mrs Doran
evacuated me from the
school during Covid in
2020.



Cliodhna Martin Best Memory: Waterford 2018 & Lisburn Racquets.



Tara McAloon

Best Memory:
The day all GCSE exams got cancelled.



Casey McCabe

Best Memory:
The formal.



McCaffrey
Best Memory:
When Mr Hegarty
punched the desk in
Year 9.



Laura McCaffreyBest Memory:
Tea time.



Aisling McCann

Best Memory:
Manolo from Port
Aventura.



McCaughey
Best Memory:
When Grace Keown
accidentally squirted
one of the cleaners in
the face with juice.



Sophie McCaughey Best Memory: The hotel room in Barcelona and drama in English.



Carla McCool

Best Memory:
Ambulance trip
with Mrs Cullen and
Waterford 2018.

Year 14E



Kildea

Best Memory:
The formal (getting stitches in my foot).



Nakita Lynch
Best Memory:
Pam calling me Nakita
in Study Hall.



Ellie Masterson

Best Memory:
When seven of us
spent the time before
our History exam
in the store beside
Technology eating
chips.



Elyse McDermott

Best Memory:
Year 13 Technology and
the formal.



Laura McEvoy

Best Memory:
Playing at the school
pitch during lunch time
in the sun.

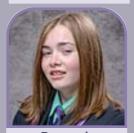


McGoldrick
Best Memory:
Fainting in Biology and getting a wheelchair trip through the school.



Amy McGovern

Best Memory:
Mrs Martin making
us tea in almost
every class of Year 13
Economics.



Bronagh McGovern Best Memory: Dancing to "Cotton Eye Joe" with my friend in one of the bathrooms.



McGovern

Best Memory:
Being confused with
Aoife in Maths.



Eimear McGuigan Best Memory: Chrissie and I falling flat on our faces because we tripped over Brenna.



Rhianne McGuinness Best Memory: "Grease Lightning" in Year 10



Naoise McKiernan Best Memory: Tea every Monday morning in double Business Studies talking about the weekend.



McLaughlin

Best Memory:
The bus home from formal.



Megan McLoughlin Best Memory: "We have a fainter"!



Best Memory: Room 60 for PE. Conor McGregor Vs Mayweather talent show act.



Niamh McNeil

Best Memory:
Denise saving my
life with the Heimlich
manoeuvre!



Aoibhinn Mohan

Best Memory:
Getting stuck in the
toilets on the Year 10
trip.



Mulligan
Best Memory:
Flooding the shower
on the Barcelona trip
and soap leaking into
the hall... while Mrs
Casey had to knock our
door to tell us.

Form Teacher: Mr P. Hegarty

Gyear 14F



Tiernagh McManus



Caitlin Moss
Best Memory:
Being as clueless as the
Year 8s on my first few
weeks when they asked
me for directions!



Georgia Mulligan

Best Memory:

Making Mrs Owens
think I'd broke my
finger in Year 10 PE.



Kate MurphyBest Memory:
The day we beat
Coláiste Oiriall!



Keelan Murphy

Best Memory:
Mr Connolly having
'a domestic' with the
ref in an U14s football
match!



Eimear MurrayBest Memory:
Mr Timoney's
inspirational talks.



Ciara Nolan

Best Memory:
"Yer ma"!



Clodagh O'Donnell Best Memory: A-Level Politics with Mrs Devine.



Niamh O'Harte Best Memory: Soldering Criea in junior Technology class!



Olivia O'Kane

Best Memory:
A-Level PE class with
Mrs Owens.



Criea O'Neill

Best Memory:
GCSE French with Mrs
Conroy and the Year 10
Barcelona trip.



Best Memory: All the wee chats with my friends



Ormsby

Best Memory:
Megan falling off the
bed in Barcelona
laughing over a packet
of Haribo Fantastics



Roisin Rainey

Best Memory:
Getting sick on my
Year 10 trip and Mrs
Flanagan cleaning it up.



Aoife Rasdale

Best Memory:
Our deputy formal meeting getting spied on!



Tegan Rogers

Best Memory:
Lunchtimes in the
Common Room



Niamh Shannon

Best Memory:
The Formal.



Aoife Trainor

Best Memory:
The Formal.

Year 14G



Grainne Donnelly

Best Memory:
Watching translations
every Friday for a full
year.



Fionna Flanagan

Best Memory:
The formal.



Estee Goodwin

Best Memory:
The formal.



Annie McCann

Best Memory:
Maeve Mooney at the formal.



Abi McGaugran

Best Memory:
The formal.



Nadine McIntyre

Best Memory:
The Formal.



Ella McSorley

Best Memory:
The Formal.



Aine Reilly

Best Memory:
Laura and myself
ordering pizza under
the table in Year 10
Geography



Abigail Rice
Best Memory:
The shower in room 114
in Barcelona.



Reika Robson

Best Memory:
Being found hiding
under Georgia's bed in
Barcelona.



Bronagh Smyth

Best Memory:
Netball outings and
tea with Mrs Martin.



Clodagh Sweeney Best Memory: Living in the MLE Music department corridor.



Ella Teague

Best Memory:
When Aoife Rasdale In
Year 8 Home
Economics forgot her
booklet 4 weeks in a
row and cried when
she couldn't do the
practical.



Erin Tierney
Best Memory:
Printing 50 pages of I
Want It That Way on
Mrs Clarke's personal
printer and getting told
off the week after.



Anna Toal
Best Memory:
The fish, foosie Fridays
and Year 10 Art.



Eibhlis Treacy

Best Memory:
Trips to the bottom
Sports Hall every break
and lunch in Year 9



Best Memory: Arm wrestling Mr. Quinn and bonus points.



Sarah Treacy
Best Memory:
Year 9 Science with
Miss Hughes and
practical classes

Art and Design

ULSTER MUSEUM VISIT 2022

Year 9 students spent a great day out at the Ulster Museum as part of their 'Connected Learning' project with Art & Design & History. The focus of the Art & Design section of the day was on art of the North American Inuit people and the Visual Elements found in paintings, sculpture and Ceramics. The pupils had a lovely time discovering all that the Museum had to offer and later, sketching in the Ravine & Palm House, Botanic Gardens.













Biology

BIOLOGY BAKE OFF 2022











Digital Technology

NI DIGITAL AWARENESS WEEK 2022

All Year 11 & 12 Digital Technology students had an afternoon of exploring the opportunities that IT can provide in future careers. Through NI Digital Awareness week, they attended a talk 'Your Unlimited Potential' lead by B Secure a NI company that highlighted the exciting and innovative work they are currently involved with. Following this they took part in a Bring It On workshop that explored the skills required by the IT industry from communication, problem solving, creativity, leadership etc. The found out about the fast-growing Tech jobs that exist in Northern Ireland ranging from Data engineers to Cyber Security Analyst as well as jobs in Creative and Digital Media.

As part of NI Digital Awareness Week, 9B took part in a session called 'Building Tech for good' organised by Microsoft Dream Space. The students engaged in a hands-on coding session using the BBC Micro:bit lead by Amanda Joliffe. They thoroughly enjoyed the experience. Year 9 and 10 students can get the opportunity to develop skills in this area in the future through the Code Club in school.





ONLINE SAFETY

The Online Safety Committee of Grainne McGoldrick, Ellie Masterson, Emer Campbell and Leah Beacom launched the Safer Schools NI App in October 2022. All students were taught how the App can help them stay safe online and how to download it. It will provide them with a central hub of information on concerns that students may have with social media, online image sharing, potential scams, mental health, personal information that companies use and give them advice on Health and Wellbeing. Having this App on their phones ensures that they will receive the latest updates and notifications regarding safeguarding issues as well as the latest school news. This advice will always be there when they need it - in their pocket!



English

SEAMUS HEANEY HOME PLACE VISIT 2023

GCSE English Literature students, accompanied by their teachers Mrs McAleer and Ms Saunderson, visited Seamus Heaney Home Place in January. They toured the exhibition then attended a lecture with Mrs Shelagh O'Brien on two poems from the Relationships Anthology.

















MICHAEL MORPURGO LIVE STREAM EVENT

8B attended a live stream event featuring the author, Michael Morpurgo. The event was hosted by the National Theatre to celebrate the 40th anniversary of his novel 'War Horse'. Michael spoke passionately about why books are important. He said reading expands your world and you gain so much knowledge and understanding when you read! He also identified the most important place in any school - the library!



LISNASKEA FEIS 2022

Congratulations to our wonderful Year 8 students who won prizes in the 'Own Poetry' Section of Lisnaskea Feis.

1st place: Tilly McGowan 2nd place: Isabelle McLaughlin Joint 3rd place: Muireann McGovern and Aine Gartlan.

Special congratulations to Tilly for also winning 'Most Outstanding Poetry' in the competition.





BBC NORTHERN IRELAND TWO MINUTE TALES 2022 - THEME: A WINTER ADVENTURE

A WALK IN THE WOODS

"Carmen please! It will soon be dark; we need to turn back now, or we won't be able to see the path!" Stumbling through the trees after her friend, Isadora tried to make the stubborn girl see reason. She was failing. Miserably. "We'll be fine Isa! You worry too much." Nope, it's common sense, thought Isadora, rolling her eyes. Carmen bent down and grabbed a branch, "En garde!" she yelled, a large grin plastered on her face. Isadora copied her, mumbling to herself about how big of a child her best friend was. They sparred for a while, no one was keeping track of the time. Soon, the first flakes of snow began to fall, stopping their pretend play. They looked around, the last rays of the evening sun were disappearing, and fast. The snow was starting to cover the path. Carmen ran forward, grabbing Isadora's hand as she passed, "C'mon, if we run, we'll be back in no time!" Isadora tripped and fell, grazing her knees. Her eyes filled with tears, "I told you! I told you we should have gone back earlier!" It hurt Carmen to see her friend in pain. She tied her scarf around the knee that seemed to have suffered the most from the fall. They could barely see 10 feet in front of them now. Carmen sat down beside the injured girl, and they tried to keep each other warm. "I'm sorry Isa, I should have listened to you." Carmen was trying to hold back her tears. She was unsuccessful. "Oh Carmen, it's not your- Look a light!" Carmen looked up and lo and behold, there was a light shining through the snow. "Hi. Are you two okay?" Isadora's younger sister materialised out of the snow. "Come on. Time to go home I think."

Grace Gilmurray, 11C

MY WINTER ADVENTURE

One snowy Christmas eve, I was walking with a few friends to a campsite to spend the night. We brought my dog with us when she took off into the forest unexpectedly. One of my friends, Amanda, was holding her leash but couldn't catch her in time. Panicking, I ran into the forest calling for my dog, even though the snow was getting heavier and I knew that it wasn't going to stop. I heard my friends yelling for me to come back but I loved my dog and was going to find her.

I searched for hours upon hours but still nothing. Eventually I got tired and gave up. I went to go leave the forest but that's when I realised I was lost. I walked in every direction in search of the campsite but still couldn't find it

The snow was now like a wild blizzard surrounding

me. My body was so exhausted, I fell to the floor and started to cry. 'My dog is gone and I'm lost in this stupid forest!' I yelled. I had no hope left.

Somehow, I thought I felt an animal licking my face. I fearfully looked around but it was my dog! She barked rapidly at me. It seemed like she wanted me to follow her. I chased after her and she led me to a clearing in the forest.

Icicles were dangling from trees, the snow was falling peacefully and in the middle sat two tents, a campfire, and my amazing friends who rushed over to me and brought me warm, cosy blankets and some delicious hot chocolate.

The journey to get there was a bit hard, but that was by far the best Christmas I had ever experienced.

Niamh McManus, 8A

THE O'BRIEN'S CHRISTMAS TRADITION

The first weekend in December, the O'Brien Family have an incredibly special day out. It may not be seen as special day to others but to me it is the most magical time of the year.

We pack our car with our winter coats. Set off nice and early to beat the crazy Christmas traffic rush. Off to the shops we go because today is the day we pick our new decorations for the Christmas tree. This has been a family tradition from I was born, that I get to pick my own unique decoration every year. This will be my twelfth year. I have everything from a fairy to a polar bear, even a little red beetle car. Some are sparkly, glittery, glass or wooden. All with great meaning from my heart. Some have sentimental reasons others just for fun. My brother Charlie and I spend hours looking around the shops to pick the perfect one. When our legs are done, we cannot walk any further, the decision must be made! Oh, which one will we pick? Delighted with our choices, neatly wrapped, and protected.

We must rest, even dare to have a little sleep for the journey home, because when we get home the Christmas cheer will begin!

We mark our decoration with the year. It is time to get our tree out and position it next to the roaring fire. 'Oh no its time to untangle the lights, let's not forget to check they work'! Decorating begins, making sure its evenly spaced, cause if it is not my mum starts to panic and fret!

When we have it perfect, we place our star upon the tree and wait in anticipation for the room to be lit. Three, two, one, Oh my word what a wonderful sight! Our tree is built on memories which we can look back on with love over the years.

Hot chocolate and marshmallows as a treat as we snuggle under a blanket from our seats

Poppy O'Brien, 9A

Literacy

CHRISTMAS POETRY COMPETITION 2022 WINNERS

Year 8

Tilly McGowan and Aine Gartlan

Year 9

Caoimhe Gartlan And Aoife Curry





HALLOWEEN POETRY COMPETETION 2022

Year 8

1st place Anna Gilmurray 8A 2nd place Tilly McGowan 8B 3rd place Muireann McGovern 8B

Year 9

1st Annie McGarry 9D 2nd Caoimhe Keenan 9A 3rd Caoimhe Gartlan 9B

Year 10-12

1st Grace Gilmurray 11C 2nd Méabh Hambly 10D 3rd Evie McGarry 12D

DANCE WITH THE DEAD

Once there was a boy called jack and he bought a Georgian house.

The house was old and crooked, and he even found a mouse.

On a dreary night when he tried to sleep, There were footsteps below and he could not keep To his bed all alone. So, he went down to see As he dragged down the stairs, He thought 'what could it be?'

Before his eyes, stood on the landing,

A ghost girl was right there, light as air, dancing. She saw him there silent, and she begged him to stay,

And he found with her words that he had to obey. 'You must dance until midnight,' the ghost girl said. 'Don't do as I say, and you'll find yourself dead.' So, he took her hands, they were colder than snow. But after a while, he found he couldn't let go. For hours and hours, he danced there with her. When he tried to stop, he found he was cursed. She sliced at his ankles, and he fell to the floor And when he looked up, she wasn't there anymore. Jack lay in his blood, with no feet, all alone. Some say you can still hear the dancing girl moan. When it was all over, she picked up his feet. And munched to the bone, just as a TREAT.











HALLOWEEN NIGHT

Flying high, flying low, Over hill and country road. Silent ripples in the lake, Searching for our souls to take.

Lock the doors and go to bed, Hope tonight you won't join the dead. Throughout your childhood you were told, The ancient tales and stories old.

Of creatures with the loudest growl, Wolves, turned to the moon they howl. Of demons and their woe some cries, Monsters who tell nought but lies.

Creeping, creeping through the town, Be quiet don't dare make a sound. The staircase creaks, you hold your breath, Praying for a painless death.

The clock strikes midnight this night is over, Signalling the end of this fearful October. Halloween comes but once a year, Be thankful you survived my dear.

Flying high, flying low, Over hill and country road. Silent ripples in the lake, Searching for our souls to take.

Grace Gilmurray, 11C

THE CURSE OF TWITCH WOOD PARK

Stay inside your home sweet home and do not make a sound

As the creatures of the night are starting to roam around

All lights must be off in Twitch wood park at 8pm each night

Because the ghastly ghouls who roam the village come out to send a fright

You may be wondering why these creatures roam this special place

Well, I will tell you the story of why they are here, but the truth is hard to face

Halloween went normal here in Twitch wood in 1973 Costumes were on, decorations were up, and pumpkins were spooky as can be

There was one special lady who made her house better than the rest

There were big lights and scary hanging decorations, and everyone agreed that her decorations were the best

It attracted all the trick or treaters to knock away at

her door

And she never failed to give the children what they wanted because she had sweets galore!

But at exactly 8pm she heard a tapping noise She thought it would be more little children, but it was 3 odd looking boys

They told her that they would be back at exactly 11pm

But she told them that her house would be locked, and the lights would not be able to lead them

Unfortunately, she forgot to switch off the lights So, the 3 boys could see her house clearly in the night

She was sure that the boys would not bother her anymore

But at 11pm she heard the soft tapping as she tried to sleep and snore

In her rocking chair she sat until she got sick

Of the knocking on the door so she decided to give them a trick

She put on a spooky ghost face mask and cautiously opened the door

3 scary creatures stood there, stared her down and made her fall on the floor

Turns out the odd-looking boys were only there to send

A horrible curse so that they can come out each night and the curse can never end

So please switch off your lights so that the boys will not find your home

And if you hear a soft tapping on your door, ignore it and let them roam.

Tilly McGowan, 8B

Geography

YEAR 11 GEOGRAPHY FIELDWORK 2022

Year 11 Geography students recently collected fieldwork data on the Sillees River in beautiful Lough Navar, Derrygonnelly. A great day's work was achieved and the girls enjoyed a day in nature (albeit the midges definitely spoiled the party!)

















Government and Politics

As part of their AS studies, Government and Politics students met, via teams, with MLA's Gemma Dolan and Tom Elliot. They also had a very informative presentation from Stormont. Both MLA's agreed the future is in safe hands due to the high level of questioning and analysis!





Health and Social Care

VISIT TO CANCER CONNECT NI

Year 13 Double Award Health and Social Care students visited the Cancer Connect NI as part of their coursework unit on the use of holistic therapies in a healthcare setting. The students enjoyed a tour of the treatment rooms and learned about the benefits of reflexology for cancer patients. Heartfelt thanks to Breda and Bernie for the warm welcome and informative talk.



History

YEAR 9 - ULSTER MUSEUM 2022

Year 9 students as part of their 'Connected Learning' project with Art & Design once again visited the Ulster Museum. The focus of the History section of the day was on the lives the North American Inuit people.







YEAR 11 - MUSEUM OF FREE DERRY 2022

On Wednesday 30th November 2022, Year 11 GCSE History students visited the Museum of Free Derry as part of their studies on Northern Ireland 1965-1998. Students were given a guided tour of the Bogside and its murals which tell the story of NI's troubled past from Civil Rights to Bloody Sunday. Students also had the opportunity to visit the exhibit on Bloody Sunday in the Museum and to hear from the Education Officer, John Kelly, whose brother was one of those shot dead on Bloody Sunday.









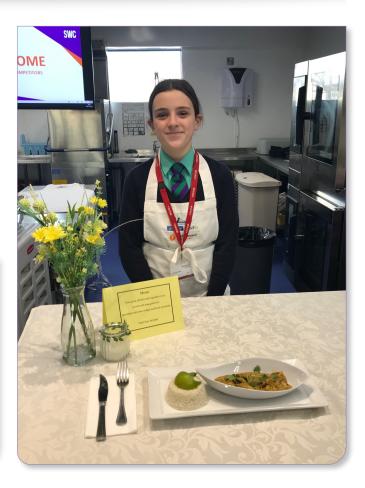


Home Economics

FUTURE CHEF COMPETITION 2022

Well done to Year 10 student Kate McDade who represented the school at the local heat of the Spring Board Future Chef competition held at the South West College. Kate preformed to a very high standard and demonstrated an impressive level of skill and organisation. The judges were also extremely complimentary about Kate's Thai green curry dish and the depth of flavour present. Although her dish wasn't selected as the chosen dish to go through to the regional final, we are very proud of Kate for the work carried out in preparing for this competition and for her performance on the day!





HALLOWEEN THEMED 'CAKE DESIGN COMPETITION' 2022

The Home Economics department ran a Halloween themed 'cake design competition'. A great deal of time and effort was put into each entry, so thank you to all who took part. Congratulations to our winners: Mya Maye, Niamh Ratchford, Lily McGonigle and Grace McGrath. Also well done to our runners up: Niamh Brazil, Laoise Ní Fhiaich, Elouise Callaghan and Katie James.





Junior Science

ORGAN FASHION SHOW























Life and Health Sciences



Year 13 Life and Health Sciences students, as part of their studies, spent some time working as real-life chemists, producing Aspirin in the lab. The girls thoroughly enjoyed the procedure involved and were delighted to have had this experience.

Mathematics MATHS WEEK IRELAND 2022

Year 8 students enjoyed the Maths Puzzle Challenge organised by the senior prefects as part of Maths Week, Ireland. The top scoring teams were: Eliza Bradley & Zainab Tariq from 8A and Cara Mac Enri, Adrija Mikneviciute and Eimear Reilly from 8C.



















Modern Languages

CHINESE

Well done to Harper Cathcart, 9B who was presented with an award for her participation and progress in Mandarin Chinese classes at SWC's Celebration of Success event on 17 June 2022.



CONFUCIUS CLASSROOM YOUNG AMBASSADOR AWARDS 2022

Congratulations to Harper Cathcart 9B and Lily Murray 10C who were presented with their Confucius Classroom Young Ambassador Awards at Confucius Institute Ulster University's 10-year anniversary event at Belfast City Hall on Tuesday 25th October 2022. This award marks their dedication and commitment to learning Mandarin in SWC Enniskillen after school every Wednesday. Well done Harper and Lily. What a fantastic achievement!





EUROPEAN DAY OF MODERN LANGUAGES 2022

European Day of Languages 2022 was celebrated in Mount Lourdes through a number of different activities. We hosted a Languages in Careers event, where Professor Maeve McCusker from QUB School of Languages addressed all our language students in Year 10-14. We also welcomed back three past pupils, Megan Williams, Eva McGowan and Edel McGurran who spoke about their experiences in learning and working with languages.

Year 8 students enjoyed a French breakfast in the canteen and put their knowledge of French numbers to work to win a prize in the raffle. Year 9 students took part in a creative challenge on the theme of "What France/Ireland/ Spain means to me" to mark European Language Day on 26th September. They certainly showed their creativity in Baking and Arts and Crafts, and the standard of entries was exceptional. Our overall winner in Art and Craft was Christine Farry 9C and in the Baking section our overall winners were Annabel Stewart, Izzy Curran and Annie McGarry 9D. Well done to all who entered the competition. We enjoyed sampling all the beautiful bakes and admiring the artistic talent of our Year 9 language students. All Year 10 students took part in a Euroquiz and put their knowledge of Europe and languages to the test. Well done also to our Year 9 students who took part in the summer language challenge organised by NICILT at QUB and who were presented with their certificates at Assembly.



EUROPEAN DAY OF MODERN LANGUAGES 2022



French

ANTHEA BELL PRIZE FOR YOUNG TRANSLATORS 2022

Congratulations to Eve Callaghan Year 14 who received a Commendation for her French translation entry in the Anthea Bell Prize for Young Translators 2022. 14,000 students took part in this Uk wide competition, so this is a fantastic achievement for Eve.



FRANCOFEST 2022: FÉLICITATIONS

Congratulations to the team from 10B on winning a prize at the Francofest competition run by NICILT at Queens University Belfast. Ava Carrigan, Eimear Doonan, Lily Kean, Ciara O'Donnell and Kellie McAnespy were awarded 'Most Creative Tourist Stand' for their entry, which showcased their skills in communication, teamwork, enterprise, innovation and French language. Très bien fait!



STRASBOURG VISIT 2022















Trish

Tá comhghairdeas tuillte ag achan chailín ó bhliain a hocht go bliain a trí déag a ghlac páirt i bhFeis Lios na Scéithe ar na mallaibh. Bhí deis iontach ag na daltaí uilig a gcuid Gaeilge labhartha a léiriú. Déanaimid comhghairdeas ó chroí leis na cailíní sa ghrianghraf thíos a bhain duaiseanna áirithe. Maith sibhse a chailíní!



Spanish

Members of the Year 8 & Year 9 Spanish clubs enjoyed some delicious Mexican food on their end of year outing to Taco Loco in June 2022



Music

ALL IRELAND FLEADH WINNERS 2022

Mount Lourdes students who were award- winners at the recent All Ireland Fleadh in Tullamore are: Emily Creevy Year 8, Aoibh Love Year 12 and Estee Goodwin Year 14.

All three girls are members of Dromore CCE and performed successfully in varying Ceili Band and Grupa Ceoil competitions. Congratulations girls, a fantastic achievement.



CHRISTMAS MUSIC AT MILLCROFT NURSING HOME

Three Year 14 students, Clodagh Sweeney, Anna Toal & Grace Guette helped to entertain residents at the Millcroft Care Home in the run up to Christmas last year.







Religious Studies

FERMANAGH'S COMMUNITY RELATIONS WEEK CONFERENCE

Year 13 AS Religious Studies students recently attended Fermanagh's Community Relations Week Conference. The conference focussed on the theme of 'The Future of Democracy - an intergenerational conversation.' Dr Johnston McMaster, a theologian, writer and broadcaster engaged in Peace and Reconciliation education was the speaker. The students enjoyed listening to Dr Mc Master, contributing to the discussions and meeting up with students from the other various local schools.



GIDEON BIBLE PRESENTATIONS 2022

During a special assembly in October 2022 all Year 8 pupils received their own individual Gideon Bibles from Geoffrey Johnston and James Johnston.



MINISTERS OF THE EUCHARIST 2022

In April 2022, 27 students were commissioned as Ministers of the Eucharist in Mount Lourdes. The students completed a training course through their REAL programme. The girls will serve through participation in various school liturgical events throughout the academic year. They will also be active lay members of their various parishes in either Clogher or Kilmore diocese.







Religious Studies

SCHOOL MASS 2022











YEAR 9 PILGRIMAGE TO KNOCK 2022

Year 9 students and their teachers recently visited Knock. They participated in a tour of the Museum and the grounds, where they learned all about the Apparition at Knock and some other interesting facts relating to the Shrine. The students had fun shopping in their free time, and they enjoyed some delicious ice cream. Our day concluded with the Celebration of Mass in the Basilica.











ACROBATIC BRITISH NATIONALS' GYMNASTICS COMPETITION 2022

Congratulations to Jessica Hanna, 9, Riona Dooris, 12B & Kyra Duffy, 12B who participated as part of the NI squad in the Acrobatic British Nationals' Gymnastics competition in Stoke on Trent back in May of 2022. A fantastic achievement, well done girls!



Athletics

CROSS-COUNTRY

Cross-country teams were entered at Mini (Year 8), Minor (Year 9), Junior (Year 10), Intermediate (Years 10/11), Senior (Years 13/14) levels to the 'E' District Championship. There were successful outcomes for all five teams as they all qualified for the Ulster final in Mallusk.

The Mini team won Team Gold and there were individual medals for Eden Davis (2nd) and Orlagh Kelly (3rd). The Minor team won Team Gold with Tori Gallagher (2nd) and Eloise Boyd (3rd) as individual medal winners. The Junior team also won Team Gold with Kellie McAnespy winning an individual medal for 3 rd place. The Intermediate Team won Team Bronze and the Senior Team won Team Silver.

The Year 8 Mini Cross-Country team were crowned Ulster Cross-Country champions. This was a fantastic performance from this group of runners as they displayed great determination in a highly competitive race. More than 113 athletes and 15 schools from across Ulster took part so this was an outstanding achievement. The Year 8 Ulster winning team members were Grace Connolly, Eden Davis, Orlagh Kelly, Maille Hennessy, Ava Hennessy and Grainne Gallagher.



DISTRICT & ULSTER TRACK & FIELD ATHLETICS

Mini, Minor, Junior, Intermediate and Senior Teams entered the 'E' District Track and Field Championship. There was a successful outcome for many athletes who qualified for the Ulster final in Antrim Forum. The individual qualifiers were Grace Connolly 800m (1st), Aine Collins 100m (2nd), Dearbhla Clawson 800m (2nd), Kellie McAnespy 800m (1st) and High Jump (3rd), Zara Welsh 200m (3rd), Abigail Boyd 300m (3rd) and High Jump (2nd), Nadine McIntyre 3000m (1st). The Relay Team Ulster Qualifiers were Year 8 (1st): Grace Connolly, Eden Davis, Hannah McNabb and Aine Collins, Year 10 (3rd): Kellie McAnespy, Norah McDonnell, Zara Welsh and Ciara O'Donnell.



FODC YOUNG ACHIEVERS' AWARDS 2022

Caoimhe Carey 12B and Kaela Toye 9B receiving their young Achievers Awards for the fourth successive year for achievements in dancing.



In recognition of her achievements in swimming, Anna McDade, Year 11 received a young achievers award, presented by the chair and vice chair of Fermanagh & Omagh District Council, who hosted a reception on 27th May 2022, to honour young people whose achievements brought distinction to the FODC area.



Gaelic Foorball



Congratulation to Chloe Hannigan who was selected to play in the All-Ireland U14 Championship Silver Series Final - Tyrone v. Waterford on the 22nd May 2022 at the National Sports Campus in Dublin.

YEAR 8 FOOTBALL BLITZ -JUNE 2022

The Mount Lourdes Year 8 Gaelic football team took part in the Fermanagh Ladies Year 8 Gaelic Blitz in June 2022. Our school entered two teams into the competition. Both teams were very successful and won their way into two finals. One team won their final and our second team was very narrowly beaten in the second final by two points with the weather conditions playing a big part in the final score.





U16 & U20 GAELIC FOOTBALL

Following a skilful and highly competitive performances in the U16 and U20 Ulster Schools' League competitions both teams exited their respective competitions in December 2022. Well done to everyone on each panel for their hard work and commitment throughout the season.









Rowing

BRITISH NATIONAL SCHOOL'S ROWING CHAMPIONSHIP, LONDON 2022

Congratulations to Zara Welsh, Rhea Cartin McCloskey and Molly Rice who participated the British National School's Rowing Championship in London back in June 2022. The girls reached the finals and finished 12th overall. What an amazing opportunity, experience, and achievement. Well done girls!



Mount Lourdes Grammar School Red Stairs 2023

Rugby

Sophie and Amy Meeke represented Ulster Rugby at U18 and U16 at the Inter pros 7's tournament at the IRFU High Performance Centre in Dublin in May 2022



Metball

Congratulations to two of our Netballers who were moved onto the elite performance pathway in May 2022. Molly Rice, 11C was selected for the U15 Regional Future Internationals NI Academy Squad and Ciara Leonard, 14D, was selected for the Netball Ireland U17 Squad.





JUNIOR NETBALL TEAM NI REGIONAL FINALISTS 2022

Congratulations to the Year 10 netball squad who reached the Northern Ireland Regional Finals against Sacred Heart Newry.



Swimming

Eleven swimmers: Hannah Lynch, Kate McDade, Niamh O'Donnell, Cora McConnell, Beth Buchanan, Ava Neal, Aoife Carey, Eimear Carey, Anna McDade, Isobel Lannon and Emilie Reihill participated in the Ulster Schools' Gala.

Congratulations to Anna McDade who was selected for the Ulster Schools the Ulster Interprovincial Team for 2022 and she represented Ulster at the Irish Schools' Interpro at the NAC in Dublin. Anna competed in the Interprovincial Championship, with







LIDL 'SPORT FOR GOOD MENTAL HEALTH' PROGRAMME

As part of the LIDL 'Sport for Good Mental Health' programme, Irish Olympian, Kerry O'Flaherty visited the school. Kerry delivered an in-depth workshop, to our Year 10 Athletes and Netball players, on the long term physical and mental health benefits of sports participation. It was great for our students to hear her story and hopefully inspire a future generation of female athletes. Kerry organised a fun activity session where our younger athletes had the opportunity to try out hurdles and practice their relay skills. Our Year 10 leaders delivered a fun and active Year 9 Netball tournament in the Lakeland Forum in June. Kerry returned to evaluate the programme and the PE department are now delighted to be selected by the Youth Sport Trust as a case study through Loughborough University. We hope our students will get the opportunity to work with more elite athletes in the future.











THE SOROPTIMIST INTERNATIONAL NORTHERN IRELAND PUBLIC SPEAKING COMPETITION 2022

Well done Year 12 students, Maria, Aine, Evie McGarry and Caoimhe who participated in The Soroptimist International Northern Ireland Public Speaking Competition, held in Fermanagh House, in December 2022. spoke on a range of topics, from the pandemic to gender equality and impressed the audience with their detailed research and articulate delivery. Special congratulations to Evie McGarry, who was placed second. Her speech on 'All men and women are created but some are more equal than others' was highly entertaining, whilst dealing with major issues, sensitively and respectfully.



'ALL MEN AND WOMEN ARE CREATED BUT SOME ARE MORE EQUAL THAN OTHERS'

"We hold these truths to be self-evident, that all men are created equal", so declared the signatories of the American Declaration of Independence, which listed the "unalienable rights" of "life, liberty and the pursuit of happiness" but the slave-owning Thomas Jefferson did not seem to think they need stay that way. Indeed, if there's one characteristic shared by almost every human society, it is inequality. But in 1776, who was considered a "man" with these "unalienable rights"? Did poor men and women qualify for "unalienable rights"? Were women "men," too? To answer these questions is a study in sexism and so I pose a question to you:

Question- Which rights did women not have in 1776?

- A. The right to vote
- B. The right to own property (if married)
- C. The right to an education
- D. The right to custody of her children in the case of a divorce

or

E. All of the above?

I think we all know the answer to that one.

Instead, maybe we should ask - all men and women are created equally but why aren't they born equal?

Every person is different and is born into different circumstances. Nothing about life is equal or fair. This is why people are fighting against discrimination and trying to improve the life condition of minorities.

Fighting for equality of opportunities, to make sure that regardless of where or who you are born to, you can still live your life to its full potential.

Fighting for a chance to gain equality both at home and in the workplace.

I wonder how many people who had the potential to be like Einstein were killed in the Middle East in war, or starved in African countries, or ended up in a Nike factory with extremely low pay.

It is precisely that because people aren't born equal, that we have to strive for equality.

It's not the creation aspect we should task ourselves with but the inequality in aspects of all life that we see around us. A century after women were given the right to vote, sadly women still have to 'push' harder.

Can we talk about the Pink Tax? From toiletries to sanitary products, the evidence is clear: it's more expensive to be a woman than a man in 2022. While we're making some progress, gender inequality issues like pink tax reveal that there's still a way to go. Progressive countries like Scotland are leading the way in providing period products completely free to anyone who needs them. This can only help end period stigma and is fundamental to equality and dignity removing the financial barriers to accessing them.

At the same time, female athletes are still trying to fight against the wage gap that exists in the sports world. Roger Federer has made approx. £200 million in career prize money while Serena Williams has earned approx. £60 million, and in the ranking of the top 100 highest paid athletes in the world, Serena Williams is the only woman. Its hotly debated who is the better athlete but its clearly apparent from their pay checks who is the more valued.

The pay gap between men and women have long been discussed and has been a sad fact of life ever since women entered the workforce. The bad news? We're still dealing with it. The most recent data shows that woman earned 83 pence for every pound men earn. Appalling.

Although more women are working, they are often still worse paid than men, in part time jobs or in

the huge informal employment sector with little protection and few rights. At the top of industry and government the faces remain stubbornly male.

This stems from the multiple barriers to education that millions of girls face worldwide. These include distance to school, cultural norms and practises, school related gender-based violence and an early or forced marriage. This is why as a society we must act. We must offer salve to the seeping wound, and we must ensure that equal respect accompanies equal remuneration.

The US Supreme Court's 2022 decision to overturn Roe V wade - the 1973 landmark case protecting the right to abortion is again an example of men deciding women's rights. Where do we draw the line?

Is this the America the founding fathers wished for? Maybe they would have been better off with founding Mothers. Or better yet, founding fathers and mothers.

Evie McGarry, Year 12

CHRISTMAS CARD 2022 DESIGN COMPETETION WINNER

Congratulations to Poppy O'Brien, Year 9, who won the 2022 Christmas card design competition. Poppy is pictured with Mrs. D. Lynch, Liturgy Coordinator and Mrs S. Cullen, Principal.



FERMANAGH AND OMAGH DISTRICT COUNCIL WATER BOTTLES MOTIVATIONAL LOGOS COMPETITION 2022

Congratulations to who designed the winning motivational logos for new water bottles. This initiative was delivered by Fermanagh & Omagh District Council in partnership with the Western HSC Trust, Action Mental Health NI & CYPSP Northern Ireland.





MANNOK INTERVIEW SKILLS DAY 2022

In November 2022, Year 14 students have had an interview skills session run by Mannok followed by small group sessions with personnel from Mannok, the WHSCT, University of Ulster and St. Mary's University College, Belfast.









MANNOK PARTNERSHIP

The launch of our improved recycling drive in Mount Lourdes took place in April 2022. Over one hundred designated recycling stations have been placed throughout the school, with the support of local company Mannok. This marks another success for the school's Partnership in Sustainability, with this local company.

Pictured in the back row with Mrs Cullen and Mr Quinn are Caroline McCaffrey (Mannok Human Resources Manager), Ryan Bogue (Skip Services Manager), and Paul Monaghan (Mannok Sustainability Manager). Also pictured are representatives of the Mount Lourdes Student Council (back row) and Year 9 students (front row).



MANNOK PARTNERSHIP

To mark the launch of our recent recycling initiative in Mount Lourdes in May 2022, Year 9 pupils produced creative sculptures out of every day, recyclable, blue bin items. Prizes, kindly sponsored by Mannok, were presented to the winners today by Mr Paul Monaghan, Sustainability Manager at Mannok. Also in the photographs is Miss Emma Gregg (Geography Dept). Congratulations to the winners and well done to all the pupils who took part. 1st prize - 'Covid Robot' - Ruby Gilmurray 9B (£100 local spend voucher); 2nd prize - 'Butterfly'

- Mia Carron 9B (£50 local spend voucher) & 3rd prize 'Hedgehog'
- Molly McGirr 9A (£25 local spend voucher)









YEAR 10 MANNOK BEES

On the 17th of June 2022, Year 10 students were delighted to receive a presentation talk on 'honey bees' given by Thomas McCaffrey. Thomas is New Product Development Manager in our sustainability partnership company - Mannok. He is also presently Chairperson of Fermanagh Beekeepers Association. It is fair to say that students and staff who were present at this excellent talk, came away with a new found respect for the humble honey bee and the vital role that honey bees play in plant pollination and food production. A glass bee hive provided the opportunity for all present to witness the queen bee in action, surrounded by two

thousand drone and worker bees. Many thanks to Thomas and Mannok for providing this wonderful learning experience in our school.







ANTI-BULLYING WEEK 2022

Joe Donnelly, from Tackling Awareness of Mental Health Issues, (TAMHI) trained our team of Year 13 &14 Anti-Bullying Mentors and Ambassadors, through a Mental Health Games Programme. As Wellbeing Champions, the students piloted this programme to 8A and did so with great confidence and authority



YEAR 8 ANTI-BULLYING WORKSHOP

In November 2022 the Tamhi Tackling Awareness of Mental Health Issues charity provided an 14 Anti-Bullying workshop to Year 8 students









YEAR 8 ODD SOCKS DAY

Year 8 pupils took part in the Odd Socks Day to celebrate Anti-Bullying Week. During their LLW lessons they explored the theme 'Reaching Out' and ways to be kind and supportive to each other.



HEALTH AND WELL-BEING SPONSORED WALK 2022

On the 11th of November 2022, staff and students from Mount Lourdes participated in a 5k Health and Wellbeing Sponsored Walk. The event started with musical entertainment provided by the Fundraising Committee which set the scene for a highly enjoyable occasion.





















SENIOR PREFECT TRAINING DAY 2022





















SOUTH WEST COLLEGE'S, CELEBRATION OF SUCCESS CEREMONY - JUNE 2022

Harper Cathcart Year 8 receiving her award in HSK1 Mandarin Chinese



Amy Hughes Year 14 receiving her award in Pearson BTEC Diploma Performing Arts



VOLUNTEER NOW

Jane Gribbin, Community Engagement Manager from Volunteer Now spoke to the Yr.13 students about the importance of volunteering. The students had the opportunity to explore the benefits of volunteering as well learn about the various opportunities that exist within the local community. Following this presentation, the students were invited to register as volunteers with Volunteer Now and work towards achieving the Volunteer Now Impact Awards.

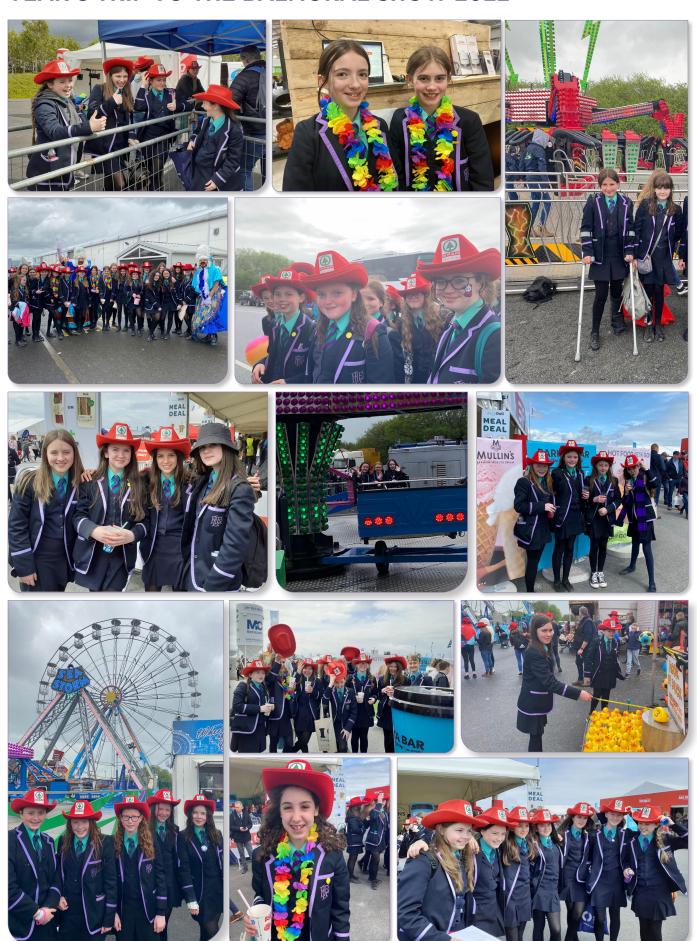


YEAR 8 YOUNG ENTERPRISE WORKSHOP 2022





YEAR 8 TRIP TO THE BALMORAL SHOW 2022



YEAR 9 VISIT CONVENT OF MERCY

In the summer term of 2022, students from Year 9 spent a highly enjoyable time with the Sisters of Mercy recently when they recited a selection of poems by poets from home and farther afield. Six students, from both Mrs McAleer's and Ms Saunderson's English classes, entertained and enthralled the Sisters with their lively and inspirational poetry recital.

The readings ended with Wordworth's 'I Wandered Lonely as a Cloud' with its famous reference to a host of golden daffodils. The students took inspiration from the poem to present the Sisters with a small bouquet of flowers to thank them for their hospitality.











YEAR 8 JOULE ISLAND SUSTAINABLE LIVING PROJECT

In April 2022, Year 8 students had the opportunity to explore sustainable ways of living, via their involvement in our 'Joule Island Science Project'. This project was completed as part of their studies into the topic of 'Energy'. The girls had to research possible ways for a team of scientists to live on an uninhabited island, make a 3D model and give an oral presentation to their peers. Here are some students, with a selection of their wonderful models.











A2 Level Art & Design



Caitlin Gilligan







Ava Crudden



Ella Mulligan



Ella Mulligan



Aine O'Reilly



Ella Mulligan

